

PRINCIPALS PLEASE SIGN BOTH FORMS

**PENNSYLVANIA INTERSCHOLASTIC ATHLETIC ASSOCIATION
OFFICIAL ENTRY BLANK
DISTRICT XI TRACK AND FIELD**

GIRLS

THE FULL NAMES OF ALL ENTRIES ON THIS BLANK MUST BE TYPEWRITTEN OR PRINTED

NAME OF SCHOOL _____

Return to:

Mr. Glenn R. Rissmiller

CLASSIFICATION:

Northern Lehigh High School (Circle One) "AAA" - "AA"

One Bulldog Lane

Slatington, PA 18080

DEADLINE DATE: *Seeding Meeting -- May 17, 2010*

LOCATION OF MEETING: *Northern Lehigh High School, 7:00 p.m.*

Signature of Principal _____

RULES AND REGULATIONS GOVERNING DISTRICT XI, PIAA TRACK AND FIELD MEET

1. The District Meet shall be held under the jurisdiction of the District XI Committee of the PIAA.
2. PIAA Eligibility Rules shall apply to all contestants.
3. National federation Track and Field Rules shall govern the District XI Meet except where the Board of Control modifies these rules. These modifications (if any) are listed in the PIAA Rules and Regulations.
4. Changes will not be permitted because of a school's clerical errors.
5. If it is found that more than one heat will be necessary in the 3200 Meter Relay, the 400 Meter Relay, the 1600 Meter Relay, 300 Meter Hurdles, and the 400 Meter Run, the heats shall be run against time. The place winners shall be determined by their time performance.
6. The individual credited with the fastest time or the greatest height or distance in each event shall be credited with the District Championship. Relay Teams shall be treated likewise.
7. a. Participants in the Pole Vault, Shot Put, Discus, and Javelin Throw must provide their own equipment for these events. The equipment so provided must be in accordance with National Federation Rules.
b. Throwing implements shall be weighed and measured by the officials in charge of the meet and marked to indicate conformity with specified standards.
c. The officials in charge shall inspect all implements or equipment used in the District Championship Meet, and shall reject any implements or equipment not in conformity with the specified standards as set in National Federation Rules.
8. In the District Meet and the State Meet, a contestant may participate in four events.
9. *All entries must be made on the official entry blanks and the blanks must be signed by the Principal. If not, the contestant will not be registered.*
10. Bring your own safety pins for contestant numbers.