

**2009 – 2010 DISTRICT XI WRESTLING**

**“AAA” (20)**

**Allen**

**Bangor**

**Blue Mountain**

**Dieruff**

**Easton**

**East Stroudsburg North**

**East Stroudsburg South**

**Emmaus**

**Freedom**

**Liberty**

**Nazareth**

**Northampton**

**Parkland**

**Pleasant Valley**

**Pocono Mountain East**

**Pocono Mountain West**

**Pottsville**

**Southern Lehigh**

**Stroudsburg**

**Whitehall**

**“AA” (23)**

**Allentown Central Catholic**

**Bethlehem Catholic**

**Catasauqua**

**Jim Thorpe**

**Lehighton**

**Mahanoy Area**

**North Schuylkill**

**Northern Lehigh**

**Northwestern Lehigh**

**Notre Dame**

**Palisades**

**Palmerton**

**Panther Valley**

**Pen Argyl**

**Pine Grove**

**Pius X**

**Salisbury**

**Saucon Valley**

**Schuylkill Haven**

**Tamaqua**

**Tri-Valley**

**Williams Valley**

**Wilson**

## **2009-10 WRESTLING SEASON**

First Legal Practice Date	- November 20, 2009
Required Number of Weeks of Preseason Practice	- 3 weeks
First Legal Scrimmage or Interschool Practice Date	- November 27, 2009
Max Number of Scrimmages or Interschool Practice	- 2
First Legal Playing Date for Regular Season	- December 11, 2009
Maximum Length of Regular Season	- 11 weeks
Last Legal Playing Date for Regular Season	- February 21, 2009
Maximum Number of Contests for Regular Season	- 22 Team Competitions
District Deadline – Team Wrestling	- February 6, 2010
District Deadline	- February 27, 2010
Regional Deadline	- March 6, 2010
Junior High/JV Tournament	- February 19-20, 2010
District XI Team Tournament “AA” & “AAA” @ Freedom High School	- February 5-6, 2010
P.I.A.A. Team Championships	
- Preliminaries	- Tue., February 9, 2010
- Quarter-Finals	- Fri., February 12, 2010
- Semi-Finals & Finals	- Sat., February 13, 2010
District XI “AAA” Wrestling Tournament @ Liberty High School	- February 26-27, 2010
District XI “AA” Wrestling Tournament @ Freedom High School “AA” Finals @ Liberty High School	- February 26-27, 2010
Northeast Regional “AAA” Wrestling Tournament @ Freedom High School	- March 5-6, 2010
Southeast Regional “AA” Wrestling Tournament @ Wilson West Lawn High School	- March 5-6, 2010
PIAA Championships at Hershey’s Giant Center Arena, Hershey, PA	- March 11-13, 2010



*Adult Tickets* - \$5.00  
*Student/Senior Citizen* - \$4.00

**SATURDAY - FEBRUARY 27, 2010**

**SEMIS**

*Adult Tickets* - \$6.00  
*Student/Senior Citizen* - \$4.00

**FINALS**

*All Tickets* - \$6.00

**Special (All Sessions Ticket – Friday & Saturday)**

*Adult Tickets* - \$12.00  
*Student/Senior Citizen*- \$ 9.00



FEBRUARY 23, 2010. NO CHANGES, SUBSTITUTIONS, OR ADDITIONS CAN BE MADE AFTER 9:00 A.M. WEDNESDAY, FEBRUARY 23, 2010.

This information is tentative and changes can be made up to 9:00 a.m. on Wednesday, February 23, 2010. Once seeding is complete, brackets will only be re-seeded in the event of any scratches that cause the following:

1. Top 8 seed scratch
2. Unbalanced bracket (2 or more additional wrestlers in one half of the bracket than the other)
3. Allow more wrestlers to enter preliminaries and reduce pigtails

Changes will only be accepted via the NWCA Web site.

NOTES: (a) A team forfeit (e.g., strike) does not count in an individual wrestler's record. An individual forfeit does count.

(b) Certified weights on eligibility sheets must be for specific weight classes.

(c) All wrestlers will be seeded.

(d) The deadline for verification of a wrestler at a weight shall be the seeding meeting. Thereafter, no wrestler may be moved to another weight.

Weigh-In: (Note: Scales will be available at 1:00 p.m. on Friday and 7:00 a.m. on Saturday to check weights.)

As per P.I.A.A. regulations, all weigh-ins will be by weight class. All team members who are being weighed in must be present when weigh-in period begins.

Friday, February 25, 2010 ..... 2:00 p.m.

Saturday, February 26, 2010 ..... 8:00 a.m. (one pound allowance)

**Number Advancing to Regionals in AAA**

Six (6) wrestlers will advance to the Regionals.

Reminder, NE AAA Regionals will be twelve (12) wrestlers per weight class.

**Number Advancing to Regionals in AA**

Four (4) wrestlers will advance to the Regionals.

Reminder, SE AA Regionals will be twelve (12) wrestlers per weight class.

**Medals & Trophy**

Seven (7) wrestlers will receive medals in AAA Districts. The winning school will receive the team trophy.

Five (5) wrestlers will receive medals in the AA Districts. The winning school will receive the team trophy.

**NOTE: All seven place-winners must be present during finals for medal presentation.**

**Passes**

Each school will receive five (5) passes (for coaches, scorekeeper, bus driver, etc.).

**Valuables**

**Each school is responsible for its own valuables.** While the district committee will take reasonable precautions to protect valuables, the committee and the host school can accept no responsibility for lost or stolen articles. **For extra security, please have your wrestlers bring their own locks.**

DISTRICT XI  
SEEDING INFORMATION -- REFERENCE GUIDE ONLY

Explanation - Criterion #1 - Percentage record of this season's Varsity dual meet bouts and tournament bouts.  
Based on total won/loss record.

\*\*\*\*\*  
Points: 1 point for win  
\* NOTE: \*  
\* W-L in Team \* Divide: Points scored by total bouts  
\* Districts & \*  
\* States \*  
\* will not \* Example: 15 - 5     $15 \div 20 = 75$   
\* count in \*  
\* this seeding \*  
\*\*\*\*\*  
Example: 12 - 5     $12 \div 17 = 70.59$

**Must have 12 bouts minimum to get full total. If not, subtract 8 points for each bout under 12 from the total.**

Example: 6 - 2     $6 \div 8 = 75 - 32 = 43$

NOTE: Always round out to two decimal points.

Explanation - Criterion #2 - Prestige - Awards bonus points for this wrestler's accomplishments in last year's Districts, Regionals, States:

State Champion = 100	Regional Champion = 60
State - 2 <sup>nd</sup> Place = 95	Regional - 2nd Place = 50
State - 3 <sup>rd</sup> Place = 90	Regional - 3rd Place = 45
State - 4 <sup>th</sup> Place = 85	Regional - 4th Place = 40
State - 5 <sup>th</sup> Place = 80	Regional - 5th Place = 35
State - 6 <sup>th</sup> Place = 75	Regional - 6th Place = 30
State - 7 <sup>th</sup> Place = 70	Regional Consolation = 30
State - 8 <sup>th</sup> Place = 65	Semi-Finalist
	District Champion = 25
	District - 2nd Place = 15
	District - 3rd Place = 10
	District - 4th Place = 5
	District - 5th Place = 3
	District - 6th Place = 1

Explanation - Criterion #3 - Measures Caliber of Competition: bonus points are awarded for competing against last year's champions during this year's dual meets and tournament bouts.

	<u>Win Against</u>		<u>Lost Against</u>		
	Out of		Out of		
	<u>PA</u>	<u>State</u>	<u>PA</u>	<u>State</u>	
<b><u>STATES:</u></b>	Champions	50	25	4	4
	2 <sup>nd</sup> Place	48	24	4	4
	3 <sup>rd</sup> Place	45	23	4	4
	4 <sup>th</sup> Place	43	22	4	4
	5 <sup>th</sup> Place	40	20	4	4
	6 <sup>th</sup> Place	38	19	4	4
	7 <sup>th</sup> Place	35	18	4	4
	8 <sup>th</sup> Place	33	17	4	4
<b><u>REGIONALS</u></b>	Champion	30	8	3	2
	2 <sup>nd</sup> Place	25	7	3	2
	3 <sup>rd</sup> Place	23	6	3	2

4 <sup>th</sup> Place	20	5	3	2
5 <sup>th</sup> Place	18	4	2	2
6 <sup>th</sup> Place	15	3	2	2
Consolation Semi-Finalist	15	3	2	2

**DISTRICTS**

Champion	13	0	2	0
2 <sup>nd</sup> Place	8	0	2	0
3 <sup>rd</sup> Place	5	0	1	0
4 <sup>th</sup> Place	3	0	1	0

**NOTE:** 1. *A sectional champion in a district which is region unto itself (district 1, 3, 7) shall be equivalent of a district place-*

*winner in the chart above.*

2. *A national prep school champion will be equal to the value of an out-of-state champion, etc.*

3. *For purposes of validation, documentation must be brought to the seeding meeting for all of your wrestlers' opponents who have out-of-state credentials. Out-of-state points will not be awarded without proper validation.*

**DISTRICT XI PIAA**  
**TEAM WRESTLING TOURNAMENT**  
**2009-10**

**DATE, LOCATION, TIMES**

“AAA” – February 5-6, 2010	--	Freedom High School	
Friday, February 5			
	--	<i>Coaches Meeting---</i>	<i>3:50 p.m.</i>
	--	<i>Preliminaries-----</i>	<i>4:30 p.m.</i>
	--	<i>Quarterfinals -----</i>	<i>6:00 p.m. &amp; 7:45 p.m.</i>
Saturday, February 6			
	--	<i>Semis -----</i>	<i>1:00 p.m.</i>
	--	<i>Finals -----</i>	<i>6:00 p.m.</i>
“AA” – February 5-6, 2010	--	Freedom High School	
Friday, February 5			
	--	<i>Coaches Meeting---</i>	<i>3:50 p.m.</i>
	--	<i>Preliminaries-----</i>	<i>4:30 p.m.</i>
	--	<i>Quarterfinals -----</i>	<i>6:00 p.m. &amp; 7:45 p.m.</i>
Saturday, February 6			
	--	<i>Semis -----</i>	<i>11:00 a.m.</i>
	--	<i>Finals -----</i>	<i>6:00 p.m.</i>

**PIAA – “AA” & “AAA” TEAM -**

<i>Preliminary Round</i>	--	<i>February 9, 2010</i>
<i>Quarter-Finals</i>	--	<i>February 12, 2010</i>
<i>Semi-Finals &amp; Finals</i>	--	<i>February 13, 2010</i>

**WHO IS ELIGIBLE TO COMPETE**

Invitations will be issued to the top ten (10) “AAA” and top ten (10) “AA” teams in District XI based on the following point system (Pennsylvania competitions only):

Win over “AAA” team	= 4 points
Win over “AA” team	= 3 points
Loss to “AAA” team	= 1 point
Loss to “AA” team	= 0 points

**NOTE:**

A. Total **Pennsylvania points** will be divided into the number of Pennsylvania dual meets to get your average rating, which will be used to qualify your team in the tournament.

**B. Only competition with Pennsylvania teams up to and including Wednesday, February 3, 2009 will count.**

C. Example: A team receiving 31 points during a 17-meet schedule would have a rating of 31 divided by 17 or a 1.824 average rating.

**DISTRICT XI PIAA TEAM WRESTLING TOURNAMENT – 2009-10**

- D. In event of ties, a tie-breaker system will be used:
1. head-to-head winner
  2. best W-L record against common opponents
  3. higher number of team points scored against common opponents
  4. least number of team points given up against common opponents
  5. coin flip

**SEEDING**

The District XI Wrestling Committee will seed the top ten (10) teams in each classification “AA” & “AAA”.

All District XI wrestling schools must submit their wrestling schedules to Bob Hartman via e-mail, mail, or fax by Friday, December 4, 2009. These schedules will be used to keep accurate seeding for the Team Championships. Include all dual, tri, and quad meets, and dual meet tournaments with opponents.

**SEEDING COMMITTEE**

A 9 person seeding committee will meet to seed the District XI Team Championships. The committee will be comprised of:

1. 4 League Representatives (Colonial, LVIAC, MVC, Schuylkill)
2. 1 Private School Representative
3. 1 Media Representative
4. 1 Officials’ Representative
5. 1 District XI Wrestling Assistant Tournament Director
6. 1 District XI Representative

**BLACKOUT DATE**

Teams **should not** schedule or re-schedule a competition for Thursday, February 4, 2010. It is the goal of the Committee to avoid giving a one-pound allowance on the first day of the Team Championships.

**ASSIGNMENT OF OFFICIALS**

District XI Wrestling Committee

**DISTRICT COMMITTEEPERSON IN CHARGE OF CHAMPIONSHIPS**

*Robert Hartman, Whitehall High School 610-437-5081 ext. 1816*  
*Home – 610-776-0595 FAX – 610-435-3233* *Cell – 610-704-0185*

**TOURNAMENT MANAGERS AND TELEPHONE NUMBERS**

*Robert Hartman, Whitehall High School – 610-437-5081, ext. 1816*  
*Home – 610-776-0595 FAX – 610-435-3233* *Cell – 610-704-0185*

*Jason Zimmerman, Northwestern Lehigh High School - 610-298-8661, ext. 2211*  
*Home – 610-967-2562 FAX – 610-298-4645*

*Gene Waas, Director of Officials*  
*Home – 610-838-8277*

**CUT-OFF NUMBER OF “AA”, “AAA”**

See 2009-2010 P.I.A.A. Handbook

**TICKET PRICES**

**QUARTER FINALS**

*Adult Tickets - \$5.00*

*Student/Senior Citizen - \$4.00*

**SEMI-FINALS**

*Adult Tickets - \$6.00*

*Student/Senior Citizen - \$4.00*

**FINALS**

*All Tickets - \$6.00*

**DETAILS** -- *Further complete details will be mailed to all schools in January 2010.*

TO: Principals, Athletic Directors, Wrestling Coaches - District XI  
 FROM: Robert Hartman, Chairman, District XI Wrestling  
 SUBJECT: TEAM DISTRICTS – FEBRUARY 5-6, 2010

The nineteenth annual District XI Team Wrestling Championships (AA and AAA) will be held on **Friday & Saturday, February 5-6, 2010 at Freedom High School, Bethlehem, PA.**

All members schools of District XI who participate in wrestling are eligible to participate and will be seeded if they qualified. ***If you are not interested in participating, please notify me in writing by January 20, 2010.*** On **Thursday, February 4, 2010**, the District XI Wrestling Committee will meet to determine the ten (10) AA and ten (10) AAA invitees and seedings. Invitations will be issued by telephone on **Thursday, February 4, 2010**. **Should you have any questions, please call me at 610-437-5081 ext. 1816 (office), 610-704-0185 (cell), or [hartmanb@cliu.org](mailto:hartmanb@cliu.org) (e-mail).** (FAX # - 610-435-3233).

Every team who sponsors wrestling in District XI should fax (610-435-3233) or e-mail ([hartmanb@cliu.org](mailto:hartmanb@cliu.org)) your complete wrestling schedule to Bob Hartman by Friday, December 4, 2010. The District XI Team Wrestling Committee will record results and standings in anticipation of the District XI Team Championships. Any additions, deletions, postponements, etc. should be e-mailed to Bob Hartman.

**DISTRICT XI WRESTLING TEAMS should not schedule competitions on Thursday, February 4, 2010. No team will be given a weight allowance for the team championships.**

COACHES' MEETING:

**Friday, February 5, 2010 - - 3:50 pm. – Room 702**

WEIGH-INS:

- Coaches are reminded to bring their **NWCA Weigh-In Entry Forms** to each day of the tournament (one for Friday, one for Saturday)

**AA & AAA – (Scales will be available at 2:00 p.m. on Friday and 9:00 a.m. and 11:00 a.m. on Saturday to check weights)**

Friday - All Weigh-Ins = 3:00 p.m.  
Saturday - AA Weigh-Ins = 10:00 a.m.                      AAA Weigh-Ins = 12:00 noon

- Officials will record each weight (at weigh-in). Wrestler may wrestle only at weigh-in weight (or next higher weight). ***NOTE: Friday's weigh-ins will be for Friday only, Saturday is a new weigh-in and will be for semi-finals and finals. Also, there will be a one pound weight allowance on Saturday.***
- Coaches weighing in additional wrestlers must weigh them in at the same time as team.

UPON ARRIVAL:

- Team busses or vans will **enter off Santee Road (back of gymnasium) and drop off athletes in the athletic bus channel.** Parking will be provided in the lot next to the tennis courts (designated area will be marked). Coaches and contestants will enter the gymnasium

entrance located in the back of the gymnasium (off Santee Road).

- District XI and the Bethlehem Area School District will not be responsible for personal property. Wrestlers are encouraged to bring their own locks.

PASSES:

Each team will receive five (5) passes at weigh-in (for coaches, scorekeeper, bus driver, etc.). Cheerleaders and mat maids, in uniform, will not need passes, but please limit your numbers.

**NOTE: Cheerleaders must sit in designated areas in the stands during all rounds. If your cheerleaders are planning on attending, please call the Freedom High School athletic office in advance at 610-867-5843, ext. 53951 to arrange for a seating area to be assigned.**

SCORER:

- Each team will bring its own adult scorekeeper. This person will keep score, plus keep opponent's injury time.

ELIGIBILITY SHEET:

Each school must bring the following to the tournament and deliver them to the tournament director:

- an *eligibility sheet (with coach's initials)* signed by a physician and principal
- NWCA Weight-In Entry Form (one for Friday, one for Saturday)

HOME TEAM:

- For each match, the higher seeded team will be the home team.

TICKET PRICES:

**QUARTER-FINALS**

Adults..... \$5.00  
Students..... \$4.00  
Senior Citizens..... \$4.00 (62 or older)

**SEMI-FINALS**

Adults..... \$6.00  
Students..... \$4.00  
Senior Citizens..... \$4.00

**FINALS**

All Tickets..... \$6.00

PHYSICIANS & TRAINER:

- A physician and trainer will be present for all sessions. All schools are encouraged to provide their own trainers for taping, etc. The tournament trainer will have mat-side responsibilities.

TIE BREAKER:

- If a tie exists in the total number of team points accumulated at the conclusion of the 285 pound bout, the tie breaker criteria found in the 2009-2010 NFHS Wrestling Rule Book will be followed.

PRE-MATCH PROCEDURES:

- Coaches must have a team roster to the announcer before the National Anthem.
- National Anthem will be played approximately 8 minutes before each session.
- Individual introductions will be made prior to the Finals only.

VIDEO TAPING:

- *All videotaping must be from the stands or the team bench. No videotaping will be permitted from the floor area.*

AWARDS:

- Ceremony will commence when both AA and AAA matches are complete.
- Twenty (20) medals will be presented to the champion and runner-up teams in both AA and AAA.
- A District XI team trophy will be presented to the champion of each class (AA - AAA).

BANNERS AND NOISEMAKERS:

- *No banners, signs, or noisemakers are permitted.*

UNIFORMS:

*Only school-issued uniforms and warm-ups will be permitted on the floor before, during, and after the wrestling and for pictures. Hats, sunglasses, cut-offs, and other inappropriate clothing will not be permitted.*

NOTE:

*Team District bouts do not count for seeding at Individual Districts; however, wrestlers' total records will be included for Regionals and States.*

TOURNAMENT COMMITTEE:

<i>Tournament Director</i>	<i>Robert Hartman</i>	<i>610-437-5081 x 1816</i>
<i>Asst. Tournament Director</i>	<i>Jason Zimmerman</i>	<i>610-298-8661 x 2211</i>
<i>Site Manager</i>	<i>Fred Harris</i>	<i>610-867-5843 x 53950</i>
<i>Director of Officials</i>	<i>Gene Waas</i>	<i>610-838-8277</i>