

Licensed to PIAA - District XI Championship Meet
Manager

Hy-Tek's Meet

2007 PIAA DistXI Track and Field Championship - 5/16/2007 to
5/17/2007

J Bernie Crum
Meet Program

Event 13B Boys 4x800 Meter Relay AAA

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NFHS Record: 7:36.24 1982 , WissahickonHS,PA
Landis, Griffiths, Ryales, Lowry

Meet Qualifying: 8:02.04
School

Seed

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Section 1 Timed Finals

1-1A	Liberty 'A'	7:59.74
2-1B	Easton Area 'A'	8:07.14
3-1C	Southern Lehigh 'A'	8:08.24
4-1D	Parkland 'A'	8:08.10
5-1E	Nazareth Area 'A'	8:17.24
6-1F	Pocono Mountain West 'A'	8:20.24
7-1G	Allentown Central Catholic 'A'	8:26.84
8-1H	East Stroudsburg Area South 'A'	8:29.64
9-1I	Blue Mountain 'A'	8:31.12
10-1J	Emmaus 'A'	8:31.74
11-1K	Freedom 'A'	8:35.24
12-1L	Stroudsburg 'A'	8:38.04
13-1M	Louis E. Dieruff 'A'	8:38.24
14-1N	Pottsville Area 'A'	8:40.44
15-1O	Pocono Mountain East 'A'	8:41.24
16-1P	Northwestern Lehigh 'A'	8:54.24

Event 13G Girls 4x800 Meter Relay AAA

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NFHS Record: 8:58.43 1982 , UpperDublinHS,PA
Gallagher, Baldwin, Pahutski, Crowell

Meet Qualifying: 9:35.48
School

Seed

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Section 1 Timed Finals

1-1A	Easton Area 'A'	9:17.14
2-1B	Nazareth Area 'A'	9:36.44
3-1C	Emmaus 'A'	9:39.34
4-1D	Liberty 'A'	9:42.84
5-1E	Allentown Central Catholic 'A'	10:05.34
6-1F	Bangor Area 'A'	10:10.24
7-1G	Pocono Mountain West 'A'	10:15.24
8-1H	Parkland 'A'	10:25.30
9-1I	Pleasant Valley 'A'	10:27.84
10-1J	Pocono Mountain East 'A'	10:39.44
11-1K	Northampton Area 'A'	10:44.84
12-1L	Whitehall 'A'	10:46.24

13-1M Freedom 'A' 10:48.24
 14-1N East Stroudsburg Area North 'A' 11:02.24
 15-10 East Stroudsburg Area South 'A' 11:04.44

Event 23B Boys 110 Meter Hurdles AAA

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 NFHS Record: 13.10 1980 Dennis Brantley, HtnWorthingHS, TX
 Meet Qualifying: 15.10
 Name Year School Seed
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 Heat 1 Prelims

1	Pinkney, Mark	11	Pocono Mountain	16.74
2	Page, Jason	11	Southern Lehigh	16.04
3	Jamison, Chris	10	Blue Mountain	15.55
4	Lewis, Steven	09	Liberty	15.44
5	Fernandez, D	10	East Stroudsburg	15.44
6	Alston, Quinnten	12	Parkland	15.84
7	Terrell, Martrell	10	Stroudsburg	16.34
8	Wolfson, Matt	10	Parkland	16.84

Heat 2 Prelims

1	Rivera, Alex	09	Bangor Area	16.74
2	Baskerville, Jacob	11	Pottsville Area	16.04
3	Frazier, Alex	12	William Allen	15.64
4	Morris, Justin	12	Pocono Mountain	15.34
5	Hightower, David	10	Easton Area	15.44
6	Frace, Brett	12	Nazareth Area	15.94
7	Cassese, Sam	11	Pleasant Valley	16.44
8	Mako, Zack	12	Northampton Area	16.84

Heat 3 Prelims

1	Perez, Vincent	11	Liberty	16.64
2	Lawson, Shamar	10	Louis E. Dieruff	15.94
3	Vines, Romond	12	Pocono Mountain	15.54
4	Wagner, Ryan	12	Northampton Area	15.14
5	Troxell, Alvin	12	William Allen	15.54
6	Ricks, Andre	12	East Stroudsburg	15.94
7	Hughes, Matt	11	Emmaus	16.44
8	Schoffstall, Jordan	12	Blue Mountain	17.04

Event 23G Girls 100 Meter Hurdles AAA

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 NFHS Record: 13.20 2000 Nicole Denby, RiversideNHS, CA
 Meet Qualifying: 15.65
 Name Year School Seed
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 Heat 1 Prelims

1	Trexler, Jonna	12	Whitehall	17.74
2	Young, Ebony	12	East Stroudsburg	17.14
3	Brodth, Brianna	11	Nazareth Area	16.54
4	Conti, Kristy	12	Liberty	15.44
5	McCoy, Jazzmyn	11	Pottsville Area	15.94
6	Walker, Johanna	11	Pottsville Area	16.64
7	Versage, Anna	11	Parkland	17.14
8	Hausman, Brittany	12	Emmaus	17.84

Heat 2 Prelims			
1	Carey, Lauren	10 Emmaus	17.64
2	Salvemini, Gabrielle	11 Bangor Area	17.14
3	Fisher, Michelle	11 Pleasant Valley	16.44
4	Hunter, Ashley	10 Northampton Area	15.44
5	Taylor, Christina	12 Stroudsburg	16.04
6	Dunn, Jackie	11 Liberty	16.64
7	Lapp, Kimberly	11 Pocono Mountain	17.24
8	Benner, Julie	11 Northampton Area	17.94

Heat 3 Prelims			
1	Hess, Ariel	10 Parkland	17.44
2	Dieter, Adrienne	11 Whitehall	16.84
3	Determan, Carly	12 East Stroudsburg	16.34
4	Bright, Tara	12 Easton Area	14.94
5	Rimbey, Vanessa	09 Lehigh Area	16.14
6	Shumock, Erika	09 Liberty	16.74
7	Senters, Kelly	10 Southern Lehigh	17.34
8	Metz, Lauren	11 Easton Area	18.14

Event 33B Boys 100 Meter Dash AAA

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 NFHS Record: 10.15 1990 Henry Neal, GreenvilleHS, TX
 Meet Qualifying: 11.10

Name	Year	School	Seed
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Heat 1 Prelims			
1	Parker, John	10 East Stroudsburg	11.44
2	Silverio, Charlie	12 Nazareth Area	11.34
3	Carter, Anthony	12 East Stroudsburg	11.24
4	Gardner, William	12 William Allen	11.04
5	Watford, Darius	12 Louis E. Dieruff	11.14
6	Burgess, Trevor	12 Pocono Mountain	11.24
7	Devery, Drew	12 Nazareth Area	11.10
8	Cheeks, Kaseem	10 East Stroudsburg	11.44

Heat 2 Prelims			
1	Smith, Tajai	11 Parkland	11.44
2	Rodriguez, Josel	11 Liberty	11.34
3	Kalo, Mark	12 Emmaus	11.00
4	Waterton, Dodson	11 East Stroudsburg	11.04
5	Krupka, Zach	12 Allentown Centra	11.14
6	Pammer, Greg	12 Whitehall	11.34
7	Burke, Tristan	10 Freedom	11.33
8	Ware, Denzel	11 Emmaus	11.44

Heat 3 Prelims			
1	Scharnitz, Tommy	11 Allentown Centra	11.44
2	Piperata, Nick	11 Freedom	11.34
3	Thomas, Chris	11 Stroudsburg	11.14
4	Orlando, Joey	11 Liberty	11.04
5	Clouse, Jon	12 East Stroudsburg	11.14
6	Brandon, Teverin	10 Northampton Area	11.34
7	Weisel, James	11 Nazareth Area	11.44
8	Tronchin, Nathan	12 Louis E. Dieruff	11.44

Event 33G Girls 100 Meter Dash AAA

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 NFHS Record: 11.14 1992 Marion Jones, ThousandOksHS, CA
 Meet Qualifying: 12.70
 Name Year School Seed

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 Heat 1 Prelims

1	Conrad, Alyson	12 Whitehall	13.44
2	Truesdale, Emily	11 Nazareth Area	13.14
3	Narlesky, Danielle	09 Liberty	12.94
4	Iglesias, Nashanti	12 Pocono Mountain	12.54
5	Daghorn, Camille	12 Lehigh Area	12.64
6	Michaels, Leslie	12 Allentown Centra	12.94
7	Longacre, Christy	10 Freedom	13.24
8	Berry, Laura	11 Bangor Area	13.54

Heat 2 Prelims

1	Hanosek, Erin	12 Emmaus	13.24
2	Keeley, Allison	09 Pleasant Valley	13.14
3	Steele, Tasheeka	12 William Allen	12.84
4	Williams, Ashley	11 Nazareth Area	12.34
5	Angulo, Allison	11 Bangor Area	12.64
6	Jackson, Jasmyne	10 East Stroudsburg	12.85
7	Walker, Johanna	11 Pottsville Area	13.24
8	Smith, Mallory	11 Parkland	13.64

Heat 3 Prelims

1	Holmes, Dashai	10 Easton Area	13.34
2	Akobogu, Jackie	10 Liberty	13.04
3	Homer, Valerie	11 East Stroudsburg	12.84
4	Betz, Jennifer	10 Nazareth Area	12.34
5	Mallory, Murphy	12 Pottsville Area	12.74
6	Werkheiser, Emily	12 Parkland	13.04
7	Newman, Nichole	09 William Allen	13.24
8	Jones, Alexa	10 Blue Mountain	13.84

Event 43B Boys 1600 Meter Run AAA

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 NFHS Record: 3:59.51 2001 Alan Webb, RestonSoLakesHS, VA
 Meet Qualifying: 4:24.22
 Name Year School Seed

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 Section 1 Timed Finals

1-1A	VanAckeren, Trevor	11 Liberty	4:21.74
2-1B	Simkins, Matt	12 Emmaus	4:23.64
3-1C	Stepp, Tim	12 Parkland	4:24.70
4-1D	Newhook, Tyler	12 Pocono Mountain	4:30.24
5-1E	Magliane, Darrick	12 William Allen	4:33.24
6-1F	Aldeen, Amr	10 East Stroudsburg	4:33.64
7-1G	Kelchner, Zach	12 Nazareth Area	4:33.74
8-1H	Knecht, Andrew	11 Nazareth Area	4:35.14
9-1I	Leggett, Isaac	10 Easton Area	4:35.24
10-1J	Riverbark, Zach	12 Southern Lehigh	4:37.04
11-1K	Bogert, Jon	10 Liberty	4:38.44
12-1L	Reilly, John	10 Blue Mountain	4:40.24
13-1M	Musum, Brian	12 Bangor Area	4:40.00

14-1N	Demmel, Cody	09	Southern Lehigh	4:40.94
15-10	Hoffman, Tommy	10	Liberty	4:41.64
16-1P	Weldner, Brian	11	Parkland	4:41.50

Event 43G Girls 1600 Meter Run AAA

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 NFHS Record: 4:39.40 1985 Laura Matson, BlmHillsAndHS,MI
 Meet Qualifying: 5:13.37

Name	Year	School	Seed
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Section 1 Timed Finals

1-1A	Graybill, Lindsey	10	Emmaus	5:16.74
2-1B	Meade, Melissa	10	Emmaus	5:18.74
3-1C	Pickarski, Megan	11	Stroudsburg	5:20.74
4-1D	Werley, Danielle		Parkland	5:21.20
5-1E	Diacont, Margaret	10	Nazareth Area	5:23.84
6-1F	Bearish, Stephanie	11	Southern Lehigh	5:23.84
7-1G	Stanley, Helen		Parkland	5:23.90
8-1H	Fuller, Hannah	09	Nazareth Area	5:24.44
9-1I	Kinsella, Megan	10	Allentown Centra	5:26.24
10-1J	Faust, Brianna	09	Emmaus	5:27.24
11-1K	Martin, KellyAnn	11	Liberty	5:29.24
12-1L	Morgan, Lily	10	Liberty	5:32.24
13-1M	Sedlock, Carly	12	Liberty	5:33.24
14-1N	Antonchak, Hannah	11	Whitehall	5:38.24
15-10	Cocco, Gabby	09	Allentown Centra	5:38.84
16-1P	Long, Courtney		Parkland	5:40.30

Event 53B Boys 400 Meter Dash AAA

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 NFHS Record: 45.25 1993 Calvin Harrison, SalNSalinasHS,CA
 Meet Qualifying: 50.09

Name	Year	School	Seed
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Section 1 Timed Finals

1	Scott, Dejour	11	Liberty	53.84
2	Sergent, Eric	11	Nazareth Area	53.54
3	Zalutsky, Anton	12	Freedom	53.24
4	Wessner, Adam	12	Blue Mountain	52.42
5	Piazza, Matt	11	Liberty	52.54
6	Sokol, John	10	Emmaus	53.24
7	Robinson, Sammy	11	East Stroudsburg	53.84
8	Kane, Aduel	12	Stroudsburg	54.14

Section 2 Timed Finals

1	Goletz, Tim	11	Louis E. Dieruff	52.34
2	Dennis, John	10	East Stroudsburg	51.44
3	Vatti, Mike	11	Easton Area	50.44
4	Travis, Josh	12	Pocono Mountain	49.74
5	Pammer, Greg	12	Whitehall	50.14
6	Gardner, William	12	William Allen	50.41
7	Wright, Isaiah	11	Freedom	51.54
8	Kelly, Ryan	12	Allentown Centra	52.44

Event 53G Girls 400 Meter Dash AAA

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NFHS Record: 50.74 2000 Monique Henderson, S Diego MrsHS,CA
 Meet Qualifying: 58.72

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 Name Year School Seed
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Section 1 Timed Finals

1	Coulson, Sammy Jo	10 Southern Lehigh	1:03.44
2	Stoudt, Carli	09 Freedom	1:02.84
3	Billy, Asia	11 Pocono Mountain	1:02.44
4	Jones, Jaquasha	09 Louis E. Dieruff	1:01.84
5	Forrester, Shelly	12 William Allen	1:02.34
6	Berry, Laura	11 Bangor Area	1:02.74
7	Reed, Shameeka	12 Pocono Mountain	1:03.24
8	Haines, Kim	10 Easton Area	1:03.54

Section 2 Timed Finals

1	Gerrick, Jacque	09 Parkland	1:01.14
2	Litak, Morgan	10 Liberty	1:00.94
3	Giglio, Anne	12 Emmaus	1:00.54
4	Dorsey, Jessica	11 Easton Area	57.34
5	McDaniel, Brooke	11 Pocono Mountain	59.74
6	Getz, Tara	10 Pleasant Valley	1:00.84
7	Barlow, Allyse	12 Easton Area	1:00.94
8	Nemeth, Liz	10 Southern Lehigh	1:01.14

Event 63B Boys 4x100 Meter Relay AAA

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NFHS Record: 39.76 1998 , FtWrthWyattHS,TX
 Wesley, Franklin, Clopton, Wesley

Meet Qualifying: 43.53
 School Seed
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Section 1 Timed Finals

1	Northwestern Lehigh 'A'	46.61
2	Emmaus 'A'	46.04
3	Southern Lehigh 'A'	45.44
4	Liberty 'A'	44.84
5	Pocono Mountain East 'A'	45.04
6	Allentown Central Catholic 'A'	45.54
7	Freedom 'A'	46.24
8	Bangor Area 'A'	46.64

Section 2 Timed Finals

1	Nazareth Area 'A'	44.54
2	Parkland 'A'	44.24
3	Louis E. Dieruff 'A'	44.14
4	East Stroudsburg Area North 'A'	43.04
5	Pocono Mountain West 'A'	44.04
6	East Stroudsburg Area South 'A'	44.14
7	Whitehall 'A'	44.54
8	William Allen 'A'	43.74

Event 63G Girls 4x100 Meter Relay AAA

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 NFHS Record: 44.50 2004 , Long Beach Poly,CA
 Solomon, Lee, Picott, Solomon
 Meet Qualifying: 49.96
 School Seed
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 Section 1 Timed Finals

1	Blue Mountain 'A'	53.82
2	Bangor Area 'A'	53.24
3	Emmaus 'A'	53.04
4	William Allen 'A'	52.04
5	Pleasant Valley 'A'	52.34
6	Allentown Central Catholic 'A'	53.14
7	Whitehall 'A'	53.74
8	Freedom 'A'	54.04

Section 2 Timed Finals

1	Louis E. Dieruff 'A'	51.74
2	Pottsville Area 'A'	50.98
3	Nazareth Area 'A'	50.34
4	Pocono Mountain West 'A'	49.54
5	Easton Area 'A'	49.94
6	Parkland 'A'	50.74
7	Lehigh Area 'A'	51.14
8	Liberty 'A'	52.04

Event 73B Boys 300 Meter Hurdles AAA

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 NFHS Record: 35.32 1985 George Porter, LomCabrilloHS,CA
 Meet Qualifying: 39.80
 Name Year School Seed
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 Section 1 Timed Finals

1	Fritz, Tony	12 Allentown Centra	42.94
2	Alston, Quinnten	12 Parkland	42.54
3	Brown, Matt	11 Stroudsburg	42.44
4	Inman, Joshua	11 Parkland	42.24
5	Jamison, Chris	10 Blue Mountain	42.16
6	Schoffstall, Jordan	12 Blue Mountain	42.38
7	Mako, Zack	12 Northampton Area	42.64
8	Perez, Vincent	11 Liberty	43.14

Section 2 Timed Finals

1	Page, Jason	11 Southern Lehigh	41.84
2	Troxell, Alvin	12 William Allen	41.24
3	Frazier, Alex	12 William Allen	40.54
4	Wagner, Ryan	12 Northampton Area	40.04
5	Hightower, David	10 Easton Area	40.34
6	Fernandez, D	10 East Stroudsburg	40.94
7	Vines, Romond	12 Pocono Mountain	41.34
8	Harwick, David	12 Northwestern Leh	41.95

Event 73G Girls 300 Meter Hurdles AAA

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NFHS Record: 39.98 2001
Meet Qualifying: 46.60

Lashinda Demus, LngBeachWlsnHS, CA

Name	Year School	Seed
Section 1 Timed Finals		
1 Carey, Lauren	10 Emmaus	50.14
2 Fisher, Michelle	11 Pleasant Valley	49.74
3 Brodt, Brianna	11 Nazareth Area	49.44
4 Determan, Carly	12 East Stroudsburg	48.54
5 Shumock, Erika	09 Liberty	49.14
6 Senters, Kelly	10 Southern Lehigh	49.54
7 Sotiropoulos, Beth	11 Parkland	50.04
8 Dieter, Adrienne	11 Whitehall	50.34
Section 2 Timed Finals		
1 Shade, Carol	12 Liberty	48.34
2 Taylor, Christina	12 Stroudsburg	47.94
3 Hunter, Ashley	10 Northampton Area	47.14
4 Bright, Tara	12 Easton Area	46.04
5 Conti, Kristy	12 Liberty	46.54
6 McCoy, Jazzmyn	11 Pottsville Area	47.64
7 Salvemini, Gabrielle	11 Bangor Area	48.24
8 Lapp, Kimberly	11 Pocono Mountain	48.44

Event 83B Boys 800 Meter Run AAA

NFHS Record: 1:46.45 1996
Meet Qualifying: 1:57.32

Michael Granville, BellGardensHS, CA

Name	Year School	Seed
Section 1 Timed Finals		
1-1A Solda, Alex	11 Allentown Centra	2:01.94
3-1B Simkins, Matt	12 Emmaus	2:02.54
5-1C Rivera, Ozzie	12 Louis E. Dieruff	2:03.24
7-1D Leggett, Martin	12 Easton Area	2:03.24
9-1E Felker-Quinn, Ben	12 Liberty	2:03.54
11-1F Henry, Andrew	11 Northampton Area	2:05.04
2-2A Kelchner, Zach	12 Nazareth Area	2:02.34
4-2B King, Aaron	12 Southern Lehigh	2:03.14
6-2C Munoz, Taylor	11 Pocono Mountain	2:03.24
8-2D Ahn, Eric	11 Nazareth Area	2:03.24
10-2E O'Brien, Ben	10 Emmaus	2:03.74
12-2F Hahn, Stephen	11 Lehigh Area	2:08.24
Section 2 Timed Finals		
1-1A VanAckeren, Trevor	11 Liberty	1:58.24
3-1B Skutches, Connor	12 Liberty	1:59.64
5-1C Clauser, Brent	11 Pottsville Area	2:00.76
7-1D Nightingale, Myles	10 Easton Area	2:02.04
9-1E Mills, Bryan	11 East Stroudsburg	2:01.24
11-1F Reightler, Matt	12 Northampton Area	2:01.84
2-2A Torphy, Bob	12 Parkland	1:58.90
4-2B King, Alex	12 Southern Lehigh	1:59.64
6-2C Macri, Alex	10 Parkland	2:00.60
8-2D Darwin, Ray	12 Easton Area	2:02.14
10-2E Chacon, Alex	12 Southern Lehigh	2:01.64

12-2F Beresk, Lucas 11 East Stroudsburg 2:01.94

Event 83G Girls 800 Meter Run AAA

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NFHS Record: 2:04.50 1980 Joetta Clark, MplColumbiaHS,NJ
Meet Qualifying: 2:18.47

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Name Year School Seed
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Section 1 Timed Finals

1-1A Brown, Julia 09 Stroudsburg 2:29.54
3-1B Matyus, Devin 10 Liberty 2:30.24
5-1C Gordon, Amie 11 Southern Lehigh 2:30.44
7-1D Ziegenfuss, Sarah 12 Bangor Area 2:31.24
9-1E Cocco, Gabby 09 Allentown Centra 2:31.34
11-1F Bauer, Hillary Parkland 2:32.50
2-2A Francisco, Emily 12 Bangor Area 2:29.64
4-2B Martin, Katie 11 Liberty 2:30.24
6-2C Farmer, Katelyn 09 Pocono Mountain 2:30.84
8-2D Kennedy, Alyssa 09 East Stroudsburg 2:31.24
10-2E Merritt, Amber 10 Pocono Mountain 2:32.24
12-2F Ofrichter, Lauren 10 William Allen 2:33.14

Section 2 Timed Finals

1-1A Price, Chanelle 11 Easton Area 2:11.34
3-1B Dubin-Rhodin, Abbie 12 Easton Area 2:21.24
5-1C McFadden, Shiela 12 Allentown Centra 2:23.74
7-1D Bearish, Stephanie 11 Southern Lehigh 2:27.54
9-1E Jennings, Erin 11 Emmaus 2:28.24
11-1F Smull, Erica 10 Liberty 2:28.94
2-2A Cancelliere, Lauren 10 Nazareth Area 2:21.14
4-2B Liew, Jenna 11 Easton Area 2:23.24
6-2C Neff, Hailey 11 Lehigh Area 2:23.74
8-2D Desko, Alexa 12 Emmaus 2:27.84
10-2E Erdesz, Karisa 12 Pleasant Valley 2:28.84
12-2F DeVito, Jessica 11 Nazareth Area 2:30.24

Event 93B Boys 200 Meter Dash AAA

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NFHS Record: 20.13 1985 Roy Martin, DaRooseveltHS,TX
Meet Qualifying: 22.50

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Name Year School Seed
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Heat 1 Prelims

1 Sokol, John 10 Emmaus 23.54
2 Wetzl, Tyler 12 Southern Lehigh 23.34
3 Wright, Isaiah 11 Freedom 23.04
4 Rueda, Eric 12 Parkland 22.44
5 Francis, Marcus 10 Pocono Mountain 22.64
6 Rodriguez, Josel 11 Liberty 23.04
7 Burgess, Trevor 12 Pocono Mountain 23.44
8 Weiss, Peter 12 William Allen 23.64

Heat 2 Prelims

1 Vatti, Mike 11 Easton Area 23.54
2 Sanders, Mike 11 Pleasant Valley 23.34

3	Hussett, Jermaine	11	Whitehall	22.84
4	Travis, Josh	12	Pocono Mountain	22.04
5	Carter, Anthony	12	East Stroudsburg	22.84
6	Watford, Darius	12	Louis E. Dieruff	23.14
7	Kane, Adual	12	Stroudsburg	23.44
8	Kramer, Greg	12	Freedom	23.64
Heat 3 Prelims				
1	Murphy, Chris	11	Pottsville Area	23.44
2	Davis, Sean	12	Nazareth Area	23.34
3	Frace, Brett	12	Nazareth Area	22.84
4	Waterton, Dodson	11	East Stroudsburg	21.24
5	Pammer, Greg	12	Whitehall	22.84
6	Orlando, Joey	11	Liberty	23.24
7	Brandon, Tevrin	10	Northampton Area	23.44
8	Scharnitz, Tommy	11	Allentown Centra	23.64

Event 93G Girls 200 Meter Dash AAA

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NFHS Record: 22.52 2003 Allyson Felix, LA Baptist HS, CA
Meet Qualifying: 26.09

Name	Year	School	Seed
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Heat 1 Prelims

1	Cardillo, Alyssa	09	Freedom	27.64
2	Mallory, Murphy	12	Pottsville Area	27.24
3	George, Aurial	09	Lehighton Area	26.84
4	Betz, Jennifer	10	Nazareth Area	25.34
5	Simpson, Tenesia	11	Easton Area	25.44
6	Homer, Valerie	11	East Stroudsburg	26.84
7	Smith, Dalanah	10	Nazareth Area	27.24
8	Gerrick, Jacque	09	Parkland	27.84

Heat 2 Prelims

1	Nicastro, Ashley	09	Pottsville Area	27.51
2	Jackson, Jasmyne	10	East Stroudsburg	27.16
3	Michaels, Leslie	12	Allentown Centra	26.54
4	Dorsey, Jessica	11	Easton Area	24.74
5	Iglesias, Nashanti	12	Pocono Mountain	25.84
6	Willeford, Courtney	09	Easton Area	26.84
7	Kentner, Kim	11	Parkland	27.24
8	Jones, Jaquasha	09	Louis E. Dieruff	27.94

Heat 3 Prelims

1	Holley, Kashiya	11	Louis E. Dieruff	27.44
2	Steele, Tasheeka	12	William Allen	26.94
3	Angulo, Allison	11	Bangor Area	26.24
4	James, Anita	12	Pocono Mountain	24.24
5	Daghorn, Camille	12	Lehighton Area	26.34
6	Werkheiser, Emily	12	Parkland	26.94
7	Berry, Laura	11	Bangor Area	27.34
8	Samuals, Rhea	09	Pleasant Valley	28.04

Event 103B Boys 3200 Meter Run AAA

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NFHS Record: 8:41.10 2000 Dathan Ritzenhein, RockfordHS, MI
Meet Qualifying: 9:35.36

Name	Year	School	Seed
Section 1 Timed Finals			
1-1A Musum, Brian	12	Bangor Area	9:43.24
2-1B Veres, Brandon	12	Easton Area	9:52.24
3-1C Gillette, Matt		Parkland	9:52.20
4-1D Luff, Tom	10	Emmaus	9:53.54
5-1E Chacon, Alex	12	Southern Lehigh	9:53.54
6-1F Reilly, John	10	Blue Mountain	9:55.18
7-1G Magliane, Darrick	12	William Allen	9:58.44
8-1H Koren, Matt	11	Whitehall	9:59.24
9-1I Veres, Connor	10	Easton Area	10:07.24
10-1J Riverbark, Zach	12	Southern Lehigh	10:07.94
11-1K Kneebone, Jared	12	Pleasant Valley	10:10.84
12-1L Haklar, David	12	Southern Lehigh	10:11.04
13-1M Smith, Shane	11	Liberty	10:16.44
14-1N Rauenzahn, Tyler	09	Blue Mountain	10:19.47
15-1O Hoffman, Tommy	10	Liberty	10:20.84
16-1P Strauss, David		Parkland	10:21.20

Event 103G Girls 3200 Meter Run AAA

NFHS Record: 9:48.59 1996 Kimberly Mortensen, ThousndOaksHS,CA
 Meet Qualifying: 11:16.60

Name	Year	School	Seed
Section 1 Timed Finals			
1-1A Graybill, Lindsey	10	Emmaus	11:21.64
2-1B Pickarski, Megan	11	Stroudsburg	11:23.84
3-1C Werley, Danielle		Parkland	11:27.30
4-1D Faust, Amanda	09	Emmaus	11:27.94
5-1E Diacont, Margaret	10	Nazareth Area	11:32.24
6-1F Faust, Christina	09	Emmaus	11:42.14
7-1G Long, Courtney		Parkland	11:48.40
8-1H Shutta, Lindsay	12	Liberty	11:52.24
9-1I Skinker, Lizz	10	Parkland	12:11.00
10-1J Leon, Lauren	10	Liberty	12:18.24
11-1K McFadden, Margaret	12	Allentown Centra	12:25.44
12-1L Martin, KellyAnn	11	Liberty	12:19.74
13-1M Smith, Hillary	10	Pocono Mountain	12:28.24
14-1N McGeary, Mackey	09	Northampton Area	12:31.24
15-1O Miller, Lindsay	11	Pocono Mountain	12:38.24
16-1P Jensen, Amanda	12	Bangor Area	12:39.24

Event 113B Boys 4x400 Meter Relay AAA

NFHS Record: 3:07.40 1985 , HawthorneHS, CA
 March, Graham, Kelly, Thomas
 Meet Qualifying: 3:24.03

School	Seed
Section 1 Timed Finals	

1	Pleasant Valley 'A'	3:41.24
2	Nazareth Area 'A'	3:37.44
3	Stroudsburg 'A'	3:37.04
4	East Stroudsburg Area North 'A'	3:35.24
5	Louis E. Dieruff 'A'	3:36.44
6	Liberty 'A'	3:37.74
7	Allentown Central Catholic 'A'	3:37.24
8	Pottsville Area 'A'	3:42.54
Section 2 Timed Finals		
1	Freedom 'A'	3:34.24
2	Southern Lehigh 'A'	3:31.44
3	Easton Area 'A'	3:28.44
4	Pocono Mountain West 'A'	3:27.54
5	Parkland 'A'	3:27.84
6	William Allen 'A'	3:30.24
7	East Stroudsburg Area South 'A'	3:33.94
8	Blue Mountain 'A'	3:34.57

Event 113G Girls 4x400 Meter Relay AAA

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 NFHS Record: 3:35.49 2004 , Long Beach Poly,CA
 Woods, Harris, Lee, Solomon
 Meet Qualifying: 4:02.50
 School Seed

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 Section 1 Timed Finals

1	Whitehall 'A'	4:27.24
2	Pottsville Area 'A'	4:24.70
3	Louis E. Dieruff 'A'	4:20.24
4	Allentown Central Catholic 'A'	4:15.34
5	Pleasant Valley 'A'	4:15.74
6	Bangor Area 'A'	4:22.94
7	East Stroudsburg Area South 'A'	4:26.14
8	Freedom 'A'	4:27.24

Section 2 Timed Finals

1	Southern Lehigh 'A'	4:13.34
2	Pocono Mountain East 'A'	4:12.54
3	Parkland 'A'	4:12.44
4	Easton Area 'A'	3:51.77
5	Liberty 'A'	4:11.74
6	Pocono Mountain West 'A'	4:12.54
7	Nazareth Area 'A'	4:12.44
8	Emmaus 'A'	4:13.44

Event 123B Boys High Jump AAA

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 NFHS Record: 7-05.25 1984 Dothel Edwards, CedarShoalsHS,GA
 Meet Qualifying: 6-05.00
 Name Year School Seed Mark

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 Flight 1 Finals

1	Campbell, Stanton	12 Stroudsburg	5-10.00
2	Terrell, Martrell	10 Stroudsburg	5-11.00

3	Hazlett, James	12	Stroudsburg	5-11.00
4	Schmidt, Jeff	11	Parkland	6-00.00
5	Pajak, Tyler	12	Emmaus	6-00.00
6	Owens, Eric	12	Southern Lehigh	6-00.00
7	Coyne, Rich	12	East Stroudsburg	6-00.00
8	Rose, Mikel		Louis E. Dieruff	6-01.00
9	Schwab, Brian	10	Nazareth Area	6-02.00
10	Mills, Bryan	11	East Stroudsburg	6-02.00
11	Holmes, Andrew	12	Pocono Mountain	6-02.00
12	Haney, Luke	10	Nazareth Area	6-02.00
13	Coleman, Stephan	10	East Stroudsburg	6-02.00
14	Marrow, Saleem	12	Freedom	6-04.00
15	Morales, Roger	12	Freedom	6-05.00
16	Faverey, Kevyn	10	Parkland	6-05.00

Event 123G Girls High Jump AAA

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NFHS Record: 6-03 1992 Amy Acuff, C C CalallenH,TX
Meet Qualifying: 5-04.00

Name	Year	School	Seed	Mark
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Flight 1 Finals

1	Olphin, Kristy	11	Whitehall	4-10.00
2	Brodth, Lauren	09	Nazareth Area	4-10.00
3	Vannatten, Jessica	10	Whitehall	4-10.00
4	Noack, Catherine	09	Liberty	4-10.00
5	Meade, Lauren	11	Nazareth Area	4-10.00
6	Flammer, Kelsey	10	Louis E. Dieruff	4-10.00
7	Loj, Paulina	12	Pocono Mountain	4-10.00
8	Fuehrer, Rachel	10	Parkland	5-00.00
9	Giglio, Anne	12	Emmaus	5-00.00
10	Rupell, Breanne	09	Lehigh Area	5-00.00
11	Jones, Sierra	11	Easton Area	5-00.00
12	Fretz, Rebecca	12	Pleasant Valley	5-01.00
13	McLaren, Natasha	09	Stroudsburg	5-02.00
14	Rimbey, Vanessa	09	Lehigh Area	5-02.00
15	Freed, Rebecca	11	William Allen	5-04.00
16	Noda, Mackenzie	11	William Allen	5-04.00

Event 133B Boys Pole Vault AAA

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NFHS Record: 18-02.25 1999 Eric Eshbach, OrangefieldHS,TX
Meet Qualifying: 14-03.00

Name	Year	School	Seed	Mark
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Flight 1 Finals

1	Smith, Scott	12	Lehigh Area	12-00.00
2	Ott, Shawn	12	Northampton Area	12-00.00
3	Laudenslager, Greg	11	Liberty	12-00.00
4	Derek, Behler	12	Blue Mountain	12-00.00
5	Thomas, Morgan	10	Emmaus	12-00.00
6	Hagedorn, Jesse	10	Stroudsburg	12-00.00
7	Davis, A	11	East Stroudsburg	12-00.00

8	Azar, Kevin	11	Louis E. Dieruff	12-03.00
9	Fronheiser, Matt	10	Nazareth Area	12-06.00
10	Jones, Kieran	09	Easton Area	12-06.00
11	Balch, Michael	11	Lehigh Area	12-06.00
12	Boardman, Ryan	12	Parkland	12-06.00
13	Kaucher, Evan	12	Northwestern Leh	13-00.00
14	Berger, Ryan	12	Whitehall	13-03.00
15	Bowyer, Michael	12	Freedom	13-06.00
16	Nelson, Evan	12	East Stroudsburg	14-06.00

Event 133G Girls Pole Vault AAA

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NFHS Record: 13-09 2005 Mary Saxer, LancasterHS, NY
 Meet Qualifying: 11-00.00

Name	Year	School	Seed	Mark
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Flight 1 Finals

1	Rogaliewicz, Kelsey	10	Freedom	8-00.00
2	Petrash, Noreen	10	Allentown Centra	8-06.00
3	Poliskiewicz, Victoria	10	Bangor Area	8-06.00
4	Burger, Laura	11	Northampton Area	8-06.00
5	Horn, Julie	11	Nazareth Area	8-06.00
6	Scappetta, Luccia	11	Pocono Mountain	8-06.00
7	Dodson, Amy	12	Pleasant Valley	8-09.00
8	Carroll, Hannah	10	Whitehall	9-00.00
9	Bledsoe, Megan	10	East Stroudsburg	9-00.00
10	Glaser, Jacquie	10	Easton Area	9-00.00
11	Hamscher, Brooke	09	Whitehall	10-06.00
12	Finn, Sarah	10	Liberty	11-00.00
13	Green, Julia	11	Emmaus	11-04.00
14	Finn, Beki	12	Liberty	12-00.00
15	Schaffer, Abby	11	Easton Area	12-04.00
16	Frey, Becky	12	Liberty	12-05.75

Event 143B Boys Long Jump AAA

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NFHS Record: 26-04.75 1989 James Stallworth, TulareHS, CA
 Meet Qualifying: 21-10.00

Name	Year	School	Seed	Mark
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Flight 1 Finals

1	Broomfield, Darnell	12	Pocono Mountain	20-08.00
2	Llado, George	12	Parkland	21-01.00
3	Garcia, Steve	11	Stroudsburg	21-07.50
4	Waterton, Dodson	11	East Stroudsburg	21-08.50
5	Clouse, Jon	12	East Stroudsburg	22-01.75
6	Rose, Mikel		Louis E. Dieruff	21-02.25
7	Hamscher, Matt	11	Whitehall	22-03.00
8	Morales, Roger	12	Freedom	22-10.00

Flight 2 Finals

1	Turner, AJ	12	Lehigh Area	20-02.50
2	Nguyen, Dom	12	Allentown Centra	20-03.00
3	Torok, Joe	12	Liberty	20-03.00

4	Grube, Noah	11	Northwestern Leh	20-03.25
5	Andrews, Nicholas	12	Whitehall	20-10.00
6	Gunderman, Kevin	10	Nazareth Area	20-06.00
7	Nobles, Tim	12	Nazareth Area	20-06.00
8	Faverey, Kevyn	10	Parkland	20-07.00

Event 143G Girls Long Jump AAA

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 NFHS Record: 22-01.75 1976 Kathy McMillan, RaefordHCHS,NC
 Meet Qualifying: 17-03.00

Name	Year	School	Seed	Mark
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 Flight 1 Finals

1	Cardillo, Alyssa	09	Freedom	16-07.25
2	Rimbey, Vanessa	09	Lehigh Area	16-08.00
3	Vannatten, Jessica	10	Whitehall	16-08.50
4	Eberts, Alyssa	10	Northampton Area	17-01.25
5	Angulo, Allison	11	Bangor Area	17-04.50
6	George, Aurial	09	Lehigh Area	17-07.50
7	Williams, Ashley	11	Nazareth Area	17-10.50
8	James, Anita	12	Pocono Mountain	18-01.50

Flight 2 Finals

1	Hamsher, Victoria	09	Nazareth Area	15-08.50
2	Lorimer, Courtney	11	Blue Mountain	15-10.00
3	Weber, Kerry	12	Pleasant Valley	16-00.00
4	Keeley, Allison	09	Pleasant Valley	16-02.00
5	Holley, Kashiya	11	Louis E. Dieruff	16-03.00
6	Rumsey, Abigail	11	Nazareth Area	16-03.50
7	Stewart, Anne	12	Northampton Area	16-04.50
8	Hutzayluk, Stephanie	12	Emmaus	16-06.00

Event 153B Boys Triple Jump AAA

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 NFHS Record: 52-10.50 1980 Charles Mayfield, PasadnaMuirHS,CA
 Meet Qualifying: 44-06.00

Name	Year	School	Seed	Mark
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 Flight 1 Finals

1	Broomfield, Darnell	12	Pocono Mountain	42-06.00
2	Carter, Anthony	12	East Stroudsburg	42-07.00
3	Hazlett, James	12	Stroudsburg	42-11.75
4	Hamscher, Matt	11	Whitehall	43-01.00
5	Spence, Steven	12	East Stroudsburg	43-07.50
6	Morales, Roger	12	Freedom	43-10.50
7	Johnson, Justen	11	Pocono Mountain	44-06.00
8	Llado, George	12	Parkland	44-11.50

Flight 2 Finals

1	Turner, AJ	12	Lehigh Area	40-02.00
2	Marshall, Arnold	11	Pleasant Valley	40-02.00
3	Laudenslager, Greg	11	Liberty	40-11.25
4	Rose, Mikel		Louis E. Dieruff	41-00.00
5	Gunderman, Kevin	10	Nazareth Area	41-05.00
6	Jones, Ivan	11	Louis E. Dieruff	41-05.50

7	Terrell, Martrell	10	Stroudsburg	42-00.00
8	Williams, pedro	11	William Allen	42-01.00

Event 153G Girls Triple Jump AAA

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 NFHS Record: 44-02.25 2001 Ychlindria Spears, LullingHS, TX
 Meet Qualifying: 36-06.00
 Name Year School Seed Mark
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 Flight 1 Finals

1	Hamsher, Victoria	09	Nazareth Area	33-07.00
2	Hutzayluk, Stephanie	12	Emmaus	34-00.00
3	Stewart, Anne	12	Northampton Area	34-02.50
4	Eberts, Alyssa	10	Northampton Area	34-10.75
5	Holley, Kashiya	11	Louis E. Dieruff	35-02.00
6	Iglesias, Nashanti	12	Pocono Mountain	35-11.00
7	McLaren, Natasha	09	Stroudsburg	37-04.50
8	James, Anita	12	Pocono Mountain	38-10.00

Flight 2 Finals

1	Corey, Brittany	11	Nazareth Area	32-09.00
2	Johnson, Nadira	11	East Stroudsburg	32-09.00
3	Lorimer, Courtney	11	Blue Mountain	32-09.00
4	Weber, Kerry	12	Pleasant Valley	32-10.00
5	Jones, Sierra	11	Easton Area	33-00.00
6	Salvemini, Gabrielle	11	Bangor Area	33-00.50
7	Keim, Emily	10	Liberty	33-02.00
8	Maloney, Jen	11	Blue Mountain	33-04.50

Event 163B Boys Shot Put AAA

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 NFHS Record: 77-00 1979 Michael Carter, D JeffersonHS, TX
 Meet Qualifying: 53-00.00
 Name Year School Seed Mark
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 Flight 1 Finals

1	Isamoyer, Charles	11	Northwestern Leh	46-06.50
2	Buis, Bill	12	Northampton Area	47-10.50
3	Noble, Jon	10	East Stroudsburg	48-11.00
4	Kreisher, Peter	12	Emmaus	49-04.00
5	Stramarra, Nick	12	Blue Mountain	50-05.00
6	Nurse, Dan	12	Stroudsburg	50-06.00
7	Fahringer, Andrew	12	Whitehall	51-10.00
8	Passmore, Jeff	12	Stroudsburg	53-07.00

Flight 2 Finals

1	Zedonek, Jordan	11	Pottsville Area	44-04.00
2	Lovell, Justin	11	Pocono Mountain	44-05.00
3	Stencovage, Eric	12	Blue Mountain	44-05.00
4	Trito, Joe	11	East Stroudsburg	44-05.00
5	Nelson, Aaron	12	Freedom	44-11.00
6	Seltzer, Robert	12	Parkland	44-11.00
7	Fredrick, Russ	11	East Stroudsburg	46-01.00
8	Grant, James	12	Southern Lehigh	46-03.50

Event 163G Girls Shot Put AAA

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 NFHS Record: 54-10.75 2003 Michelle Carter, Red Oak HS, TX
 Meet Qualifying: 38-06.00

Name	Year	School	Seed	Mark
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 Flight 1 Finals

1	Seaman, Samantha	12	Freedom	32-02.00
2	Henry, Mary Beth	11	Pocono Mountain	32-07.00
3	Carstens, Krystle	12	Parkland	33-02.00
4	Drozd, Danielle	12	Pleasant Valley	33-02.00
5	Remaley, Catherine	10	Lehigh Area	34-05.00
6	White, Sheena	09	Lehigh Area	34-05.50
7	Workman, Alaura	11	William Allen	35-07.00
8	Pinter, Ashley	12	Liberty	38-03.00

Flight 2 Finals

1	Passaro, Jillian	12	Whitehall	30-05.50
2	Vinansky, Leah	11	Parkland	30-10.00
3	Smith, Dalanah	10	Nazareth Area	31-01.00
4	Cook, Ali	10	Emmaus	31-05.50
5	Re, Alitia	10	Stroudsburg	31-10.50
6	Kaczka, Alexis	12	Pocono Mountain	31-11.00
7	Heimbach, Julie	11	Allentown Centra	31-11.00
8	Englert, Carly	09	Blue Mountain	32-00.00

Event 173B Boys Discus Throw AAA

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 NFHS Record: 234-03 2001 Niklas Arrhenius, OremMtnVwHS, UT
 Meet Qualifying: 153-00

Name	Year	School	Seed	Mark
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 Flight 1 Finals

1	Fredrick, Russ	11	East Stroudsburg	137-00
2	Nurse, Dan	12	Stroudsburg	137-01
3	Seltzer, Robert	12	Parkland	139-03
4	Rolshausen, Tyler	09	Blue Mountain	141-07
5	Horn, Brian	10	Lehigh Area	148-10
6	Nelson, Aaron	12	Freedom	149-11
7	Grant, James	12	Southern Lehigh	155-02
8	Fahringer, Andrew	12	Whitehall	187-01

Flight 2 Finals

1	Grim, Robbie	11	Northwestern Leh	119-08
2	Reitz, Nate	12	Whitehall	122-05
3	Passmore, Jeff	12	Stroudsburg	122-06
4	Umstead, Zack	12	Northampton Area	122-08
5	Howell, Jonathan	12	Northampton Area	125-10
6	Kelleman, Ken	12	East Stroudsburg	129-06
7	Lundberg, Daniel	11	Northwestern Leh	132-03
8	Stramarra, Nick	12	Blue Mountain	135-08

Event 173G Girls Discus Throw AAA

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NFHS Record: 188-04 1994
Meet Qualifying: 118-00

Suzy Powell, M T DowneyHS,CA

Name	Year	School	Seed	Mark
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Flight 1 Finals				
1	Novak, Joclyn	11 Pleasant Valley	100-08.50	
2	Englert, Carly	09 Blue Mountain	101-11	
3	Decker, Meredith	12 Parkland	102-03	
4	Schadler, Casey	11 Allentown Centra	102-07	
5	Drozdz, Danielle	12 Pleasant Valley	104-07.50	
6	Kline, Emily	12 Lehigh Area	106-06.50	
7	Slater, Kelsey	12 Stroudsburg	115-08	
8	Pinter, Ashley	12 Liberty	124-04	
Flight 2 Finals				
1	Cook, Ali	10 Emmaus	90-11	
2	Gosse, Lindsey	11 William Allen	92-00	
3	Lesniak, Anne	12 Whitehall	92-01	
4	Hannis, Danica	11 Whitehall	93-00	
5	Remaley, Catherine	10 Lehigh Area	95-09	
6	White, Sheena	09 Lehigh Area	96-04	
7	Santiago, Aniah	11 Liberty	97-10	
8	Koehler, Emily	12 Northampton Area	99-03	

Event 183B Boys Javelin Throw AAA

NFHS Record: 224-02 2003
Meet Qualifying: 178-00

Thomas Jordan, Cedar Crest HS, PA

Name	Year	School	Seed	Mark
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Flight 1 Finals				
1	Durante, Chris	12 Easton Area	173-07	
2	Wessner, Adam	12 Blue Mountain	174-11	
3	McDondald, Wes	12 Blue Mountain	175-00	
4	Marshall, James	12 Northwestern Leh	176-00	
5	Umstead, Zack	12 Northampton Area	180-03	
6	Clouse, Jon	12 East Stroudsburg	183-08	
7	Buis, Bill	12 Northampton Area	200-09	
8	Fahringer, Andrew	12 Whitehall	206-05	
Flight 2 Finals				
1	McMillen, Colin	12 Northwestern Leh	154-11	
2	Connell, Dan	12 Pocono Mountain	155-00	
3	Stocker, Craig	12 Bangor Area	156-01	
4	Bendetti, Doug	11 Pottsville Area	156-09	
5	Stanukenas, Chris	12 Stroudsburg	159-08	
6	Schantz, Andy	12 Southern Lehigh	159-11	
7	Azar, Kevin	11 Louis E. Dieruff	161-09	
8	Rolshausen, Tyler	09 Blue Mountain	165-08	

Event 183G Girls Javelin Throw AAA

NFHS Record: 164-04 2002
Meet Qualifying: 121-00

Rachel Walker, Benton HS,LA

Name	Year	School	Seed	Mark
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Flight 1 Finals

1	Gabryluk, Katie	10 Northampton Area	115-07
2	Slater, Kelsey	12 Stroudsburg	118-01
3	Frey, Cady	10 Lehigh Area	119-07
4	Smith, Emily	12 East Stroudsburg	121-07
5	Wert, Bethany	12 Stroudsburg	127-02
6	Matulewicz, Amy	12 Easton Area	128-08
7	Troxell, Amber	10 William Allen	133-04
8	Rycek, Laura	12 Northampton Area	149-06

Flight 2 Finals

1	Hannis, Danica	11 Whitehall	98-03
2	Reiss, Morgan	11 Bangor Area	101-06
3	Price, Amanda	11 Blue Mountain	102-00
4	Perkins, Emily	12 Lehigh Area	104-00
5	Schall, Anna	11 Emmaus	105-00
6	Hahn, Ashley	11 Bangor Area	106-07
7	Krasley, Jess	11 Parkland	107-07
8	Kalamar, Courtney	12 Liberty	110-10