

Licensed to PIAA - District XI Championship Meet

Hy-Tek's Meet Manager 5/17/2007 10:45 PM

2007 PIAA DistXI Track and Field Championship - 5/16/2007 to 5/17/2007

J Bernie Crum

Results

Girls 100 Meter Dash AAA

NFHS Record: ! 11.14 1992 Marion Jones, ThousandOksHS,CA  
12.70 63B

Name	Year	School	Finals	Points
Finals				
1 Betz, Jennifer	10	Nazareth Area	12.70 63B	
2 Williams, Ashley	11	Nazareth Area	12.73	
3 Homer, Valerie	11	East Stroudsburg	12.83	
4 Daghorn, Camille	12	Lehigh Area	12.88	
5 Iglesias, Nashanti	12	Pocono Mountain	13.05	
6 Angulo, Allison	11	Bangor Area	13.10	
7 Jackson, Jasmyne	10	East Stroudsburg	13.30	
8 Michaels, Leslie	12	Allentown Centra	13.37	

Girls 100 Meter Dash AAA

NFHS Record: ! 11.14 1992 Marion Jones, ThousandOksHS,CA  
12.70 63B

Name	Year	School	Prelims	H#
Preliminaries				
1 Betz, Jennifer	10	Nazareth Area	12.74Q	3
2 Williams, Ashley	11	Nazareth Area	12.83Q	2
3 Iglesias, Nashanti	12	Pocono Mountain	13.19Q	1
4 Angulo, Allison	11	Bangor Area	13.05Q	2
5 Homer, Valerie	11	East Stroudsburg	13.16Q	3
6 Daghorn, Camille	12	Lehigh Area	13.21Q	1
7 Jackson, Jasmyne	10	East Stroudsburg	13.30q	2
8 Michaels, Leslie	12	Allentown Centra	13.37q	1
9 Mallory, Murphy	12	Pottsville Area	13.39	3
10 Werkheiser, Emily	12	Parkland	13.40	3
11 Steele, Tasheeka	12	William Allen	13.42	2
12 Narlesky, Danielle	09	Liberty	13.54	1
13 Walker, Johanna	11	Pottsville Area	13.59	2
14 Keeley, Allison	09	Pleasant Valley	13.62	2
15 Akobogu, Jackie	10	Liberty	13.66	3
16 Truesdale, Emily	11	Nazareth Area	13.72	1
17 Newman, Nichole	09	William Allen	13.78	3
18 Berry, Laura	11	Bangor Area	13.81	1
19 Holmes, Dashai	10	Easton Area	13.84	3
20 Hanosek, Erin	12	Emmaus	13.90	2
21 Jones, Alexa	10	Blue Mountain	14.01	3
22 Smith, Mallory	11	Parkland	14.02	2
23 Longacre, Christy	10	Freedom	14.38	1
24 Conrad, Alyson	12	Whitehall	14.48	1

Girls 200 Meter Dash AAA

NFHS Record: ! 22.52 2003 Allyson Felix, LA Baptist HS, CA  
 26.09 63B

Name	Year	School	Finals	Points
=====				
Finals				
1 James, Anita	12	Pocono Mountain	24.84 63B	
2 Dorsey, Jessica	11	Easton Area	25.19 63B	
3 Simpson, Tenesia	11	Easton Area	25.58 63B	
4 Betz, Jennifer	10	Nazareth Area	25.88 63B	
5 Daghorn, Camille	12	Lehigh Area	26.24	
6 Homer, Valerie	11	East Stroudsburg	26.31	
7 Iglesias, Nashanti	12	Pocono Mountain	26.71	
8 Michaels, Leslie	12	Allentown Centra	27.02	

Girls 200 Meter Dash AAA

NFHS Record: ! 22.52 2003 Allyson Felix, LA Baptist HS, CA  
 26.09 63B

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 James, Anita	12	Pocono Mountain	25.52Q63B	3
2 Dorsey, Jessica	11	Easton Area	25.85Q63B	2
3 Simpson, Tenesia	11	Easton Area	26.05Q63B	1
4 Betz, Jennifer	10	Nazareth Area	26.20Q	1
5 Iglesias, Nashanti	12	Pocono Mountain	26.56Q	2
6 Daghorn, Camille	12	Lehigh Area	27.19Q	3
7 Michaels, Leslie	12	Allentown Centra	26.94q	2
8 Homer, Valerie	11	East Stroudsburg	26.99q	1
9 Jackson, Jasmyne	10	East Stroudsburg	27.25	2
9 Steele, Tasheeka	12	William Allen	27.25	3
11 Werkheiser, Emily	12	Parkland	27.52	3
12 Mallory, Murphy	12	Pottsville Area	27.59	1
13 George, Aurial	09	Lehigh Area	27.62	1
14 Kentner, Kim	11	Parkland	27.77	2
15 Jones, Jaquasha	09	Louis E. Dieruff	27.89	2
16 Willeford, Courtney	09	Easton Area	27.92	2
17 Holley, Kashiya	11	Louis E. Dieruff	27.99	3
18 Berry, Laura	11	Bangor Area	28.04	3
19 Nicastro, Ashley	09	Pottsville Area	28.12	2
20 Angulo, Allison	11	Bangor Area	28.37	3
21 Gerrick, Jacqu	09	Parkland	28.50	1
22 Cardillo, Alyssa	09	Freedom	28.75	1
23 Samuals, Rhea	09	Pleasant Valley	29.71	3
-- Smith, Dalanah	10	Nazareth Area	DQ	1

Girls 400 Meter Dash AAA

NFHS Record: ! 50.74 2000 Monique Henderson, S Diego MrsHS, CA  
 58.72 63B

Name	Year	School	Finals	H#	Points
=====					
1 Dorsey, Jessica	11	Easton Area	57.92 63B	2	
2 McDaniel, Brooke	11	Pocono Mountain	59.12	2	
3 Getz, Tara	10	Pleasant Valley	1:00.69	2	
4 Jones, Jaquasha	09	Louis E. Dieruff	1:01.07	1	
5 Forrester, Shelly	12	William Allen	1:01.13	1	

6	Barlow, Allyse	12	Easton Area	1:01.18	2
7	Litak, Morgan	10	Liberty	1:01.66	2
8	Nemeth, Liz	10	Southern Lehigh	1:01.74	2
9	Gerrick, Jacque	09	Parkland	1:02.29	2
10	Stoudt, Carli	09	Freedom	1:02.57	1
11	Giglio, Anne	12	Emmaus	1:02.70	2
12	Haines, Kim	10	Easton Area	1:03.08	1
13	Billy, Asia	11	Pocono Mountain	1:03.23	1
14	Reed, Shameeka	12	Pocono Mountain	1:04.82	1
15	Berry, Laura	11	Bangor Area	1:04.90	1
16	Coulson, Sammy Jo	10	Southern Lehigh	1:05.05	1

Girls 800 Meter Run AAA

=====  
 NFHS Record: ! 2:04.50 1980 Joetta Clark, MplColumbiaHS,NJ  
 2:18.47 63B

Name	Year	School	Finals	Points
1	Price, Chanelle	11	Easton Area	2:07.96 63B
2	Cancelliere, Laure	10	Nazareth Area	2:18.77
3	Dubin-Rhodin, Abbi	12	Easton Area	2:18.96
4	Neff, Hailey	11	Lehigh Area	2:21.41
5	Liew, Jenna	11	Easton Area	2:25.91
6	McFadden, Shiela	12	Allentown Centra	2:27.00
7	Erdesz, Karisa	12	Pleasant Valley	2:28.32
8	Smull, Erica	10	Liberty	2:29.03
9	Farmer, Katelyn	09	Pocono Mountain	2:29.17
10	Matyus, Devin	10	Liberty	2:29.47
11	Francisco, Emily	12	Bangor Area	2:29.60
12	Desko, Alexa	12	Emmaus	2:29.72
13	DeVito, Jessica	11	Nazareth Area	2:30.38
14	Bearish, Stephanie	11	Southern Lehigh	2:30.50
15	Kennedy, Alyssa	09	East Stroudsburg	2:30.64
16	Jennings, Erin	11	Emmaus	2:31.09
17	Gordon, Amie	11	Southern Lehigh	2:31.54
18	Cocco, Gabby	09	Allentown Centra	2:32.67
19	Ofrichter, Lauren	10	William Allen	2:33.09
20	Ziegenfuss, Sarah	12	Bangor Area	2:33.79
21	Martin, Katie	11	Liberty	2:34.38
22	Merritt, Amber	10	Pocono Mountain	2:35.33
23	Bauer, Hillary		Parkland	2:35.46
24	Brown, Julia	09	Stroudsburg	2:35.74

Girls 1600 Meter Run AAA

=====  
 NFHS Record: ! 4:39.40 1985 Laura Matson, BlmHillsAndHS,MI  
 5:13.37 63B

Name	Year	School	Finals	Points
1	Graybill, Lindsey	10	Emmaus	5:11.55 63B
2	Bearish, Stephanie	11	Southern Lehigh	5:15.22
3	Meade, Melissa	10	Emmaus	5:15.29
4	Pickarski, Megan	11	Stroudsburg	5:17.02
5	Werley, Danielle		Parkland	5:17.03
6	Morgan, Lily	10	Liberty	5:20.23
7	Kinsella, Megan	10	Allentown Centra	5:21.71
8	Faust, Brianna	09	Emmaus	5:23.51

9 Diacont, Margaret	10 Nazareth Area	5:24.61
10 Stanley, Helen	Parkland	5:25.38
11 Fuller, Hannah	09 Nazareth Area	5:26.58
12 Sedlock, Carly	12 Liberty	5:28.17
13 Antonchak, Hannah	11 Whitehall	5:30.97
14 Martin, KellyAnn	11 Liberty	5:32.05
15 Long, Courtney	Parkland	5:32.18
-- Cocco, Gabby	09 Allentown Centra	NT

Girls 3200 Meter Run AAA

NFHS Record: ! 9:48.59 1996 Kimberly Mortensen, ThousndOaksHS,CA  
 11:16.60 63B

Name	Year School	Finals	Points
1 Graybill, Lindsey	10 Emmaus	11:11.82 63B	
2 Werley, Danielle	Parkland	11:19.24	
3 Faust, Amanda	09 Emmaus	11:21.24	
4 Pickarski, Megan	11 Stroudsburg	11:23.06	
5 Faust, Christina	09 Emmaus	11:35.17	
6 Diacont, Margaret	10 Nazareth Area	11:38.46	
7 Martin, KellyAnn	11 Liberty	11:52.19	
8 Long, Courtney	Parkland	11:57.33	
9 McFadden, Margaret	12 Allentown Centra	12:08.36	
10 Shutta, Lindsay	12 Liberty	12:09.47	
11 Skinker, Lizz	10 Parkland	12:11.94	
12 Smith, Hillary	10 Pocono Mountain	12:19.43	
13 Leon, Lauren	10 Liberty	12:22.77	
14 Miller, Lindsay	11 Pocono Mountain	12:26.41	
15 Jensen, Amanda	12 Bangor Area	12:27.31	
16 McGeary, Mackey	09 Northampton Area	12:46.66	

Girls 100 Meter Hurdles AAA

NFHS Record: ! 13.20 2000 Nicole Denby, RiversideNHS, CA  
 15.65 63B

Name	Year School	Finals	Points
Finals			
1 Bright, Tara	12 Easton Area	15.18 63B	
2 Hunter, Ashley	10 Northampton Area	15.90	
3 Rimbey, Vanessa	09 Lehigh Area	15.96	
4 Walker, Johanna	11 Pottsville Area	16.15	
5 Brodt, Brianna	11 Nazareth Area	16.26	
6 Taylor, Christina	12 Stroudsburg	16.38	
7 Dunn, Jackie	11 Liberty	17.31	
-- McCoy, Jazzmyn	11 Pottsville Area	DQ	

Girls 100 Meter Hurdles AAA

NFHS Record: ! 13.20 2000 Nicole Denby, RiversideNHS, CA  
 15.65 63B

Name	Year School	Prelims	H#
Preliminaries			
1 Bright, Tara	12 Easton Area	15.67Q	3
2 Hunter, Ashley	10 Northampton Area	16.00Q	2

3 Brodt, Brianna	11 Nazareth Area	16.47Q	1
4 McCoy, Jazzmyn	11 Pottsville Area	16.54Q	1
5 Taylor, Christina	12 Stroudsburg	16.65Q	2
6 Rimbey, Vanessa	09 Lehigh Area	16.69Q	3
7 Walker, Johanna	11 Pottsville Area	17.02q	1
8 Dunn, Jackie	11 Liberty	17.07q	2
9 Fisher, Michelle	11 Pleasant Valley	17.08	2
10 Dieter, Adrienne	11 Whitehall	17.46	3
11 Shumock, Erika	09 Liberty	17.67	3
12 Determan, Carly	12 East Stroudsburg	17.71	3
13 Lapp, Kimberly	11 Pocono Mountain	17.72	2
14 Hess, Ariel	10 Parkland	17.96	3
15 Salvemini, Gabrielle	11 Bangor Area	18.00	2
16 Senters, Kelly	10 Southern Lehigh	18.02	3
17 Trexler, Jonna	12 Whitehall	18.04	1
18 Versage, Anna	11 Parkland	18.05	1
19 Carey, Lauren	10 Emmaus	18.09	2
20 Young, Ebony	12 East Stroudsburg	18.36	1
21 Hausman, Brittany	12 Emmaus	18.47	1
22 Benner, Julie	11 Northampton Area	18.74	2
23 Metz, Lauren	11 Easton Area	20.56	3
-- Conti, Kristy	12 Liberty	DQ	1

Girls 300 Meter Hurdles AAA

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 NFHS Record: ! 39.98 2001 Lashinda Demus, LngBeachWlsnHS, CA  
 46.60 63B

Name	Year School	Finals	H# Points
1 Bright, Tara	12 Easton Area	46.09 63B	2
2 Taylor, Christina	12 Stroudsburg	46.39 63B	2
3 Conti, Kristy	12 Liberty	46.70	2
4 Shade, Carol	12 Liberty	47.54	2
5 McCoy, Jazzmyn	11 Pottsville Area	47.85	2
6 Hunter, Ashley	10 Northampton Area	48.27	2
7 Determan, Carly	12 East Stroudsburg	49.35	1
8 Senters, Kelly	10 Southern Lehigh	49.68	1
9 Lapp, Kimberly	11 Pocono Mountain	49.96	2
10 Shumock, Erika	09 Liberty	50.06	1
11 Carey, Lauren	10 Emmaus	50.07	1
12 Dieter, Adrienne	11 Whitehall	50.22	1
13 Salvemini, Gabriel	11 Bangor Area	50.41	2
14 Brodt, Brianna	11 Nazareth Area	50.42	1
15 Fisher, Michelle	11 Pleasant Valley	50.45	1
16 Sotiropoulos, Beth	11 Parkland	51.84	1

Girls 4x100 Meter Relay AAA

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 NFHS Record: ! 44.50 2004 , Long Beach Poly, CA  
 Solomon, Lee, Picott, Solomon  
 49.96 63B

School	Finals	H# Points
1 Pocono Mountain West 'A'	48.29 63B	2
1) Iglesias, Nashanti 12	2) Payne, Ianne 12	
3) McDaniel, Brooke 11	4) James, Anita 12	
2 Easton Area 'A'	48.98 63B	2

1) Dorsey, Jessica 11	2) Simpson, Tenesia 11	
3) Schaffer, Abby 11	4) Willeford, Courtney 09	
3 Nazareth Area 'A'	50.36	2
1) Betz, Jennifer 10	2) Williams, Ashley 11	
3) Truesdale, Emily 11	4) Dally, Sara 12	
4 Leighton Area 'A'	50.71	2
1) George, Aurial 09	2) Frey, Abby 09	
3) Rimbey, Vanessa 09	4) Daghorn, Camille 12	
5 Pottsville Area 'A'	51.29	2
1) McCoy, Jazzmyn 11	2) Nicastro, Ashley 09	
3) Walker, Johanna 11	4) Mallory, Murphy 12	
6 Pleasant Valley 'A'	51.53	1
1) Keeley, Allison 09	2) Fisher, Michelle 11	
3) Samuals, Rhea 09	4) Getz, Tara 10	
7 Parkland 'A'	51.81	2
1) Werkheiser, Emily 12	2) Kentner, Kim 11	
3) Hess, Ariel 10	4) Taylor, Morgan 10	
8 William Allen 'A'	51.83	1
1) Newman, Nichole 09	2) Slater, Ashley 11	
3) Steele, Tasheeka 12	4) Riddick, Kaalee 11	
9 Emmaus 'A'	53.38	1
1) Hanosek, Erin 12	2) Myers, Katie 11	
3) Fenstermacher, Chelsea 11	4) Elliott, Jackie 11	
10 Freedom 'A'	53.60	1
1) Cardillo, Alyssa 09	2) Longacre, Christy 10	
3) Spengler, Cassy 12	4) Stoudt, Carli 09	
11 Bangor Area 'A'	54.30	1
1) Poliskiewicz, Victoria 10	2) Berry, Laura 11	
3) Hahn, Ashley 11	4) Angulo, Allison 11	
12 Whitehall 'A'	54.42	1
1) Conrad, Alyson 12	2) Trexler, Jonna 12	
3) Hamscher, Brooke 09	4) Dieter, Adrienne 11	
13 Liberty 'A'	54.96	2
1) Akobogu, Jackie 10	2) Beltram, Mary 09	
3) Collins, Rasheida 11	4) Conti, Kristy 12	
14 Allentown Central Catholic 'A'	55.45	1
1) Hafner, Katie 10	2) Kane, Hanna 12	
3) Kontz, Lauren 09	4) Romano, Lucia 09	
15 Blue Mountain 'A'	59.27	1
1) Schoffstall, Paige 10	2) Bauer, Taryn 11	
3) Juritsch, Catherine 09	4) Jones, Alexa 10	
-- Louis E. Dieruff 'A'	DQ	2
1) Goodwin, MeAsia 11	2) Holley, Kashiya 11	
3) Wilson, Myesha 12	4) Jones, Jaquasha 09	

Girls 4x400 Meter Relay AAA

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 NFHS Record: ! 3:35.49 2004 , Long Beach Poly, CA  
 Woods, Harris, Lee, Solomon  
 4:02.50 63B

School	Finals	H#	Points
1 Easton Area 'A'	3:55.37 63B	2	
1) Barlow, Allyse 12	2) Dorsey, Jessica 11		
3) Dubin-Rhodin, Abbie 12	4) Price, Chanelle 11		
2 Liberty 'A'	4:09.70	2	
1) Litak, Morgan 10	2) Conti, Kristy 12		

3) Noack, Catherine 09	4) Finn, Beki 12	
3 Allentown Central Catholic 'A'	4:11.58	1
1) Kelly, Megan 09	2) Kinsella, Megan 10	
3) McFadden, Shiela 12	4) Tripaldi, Cassie 12	
4 Southern Lehigh 'A'	4:14.22	2
1) Coulson, Sammy Jo 10	2) Bearish, Stephanie 11	
3) Senters, Kelly 10	4) Nemeth, Liz 10	
5 Pocono Mountain West 'A'	4:14.87	2
1) McDaniel, Brooke 11	2) Reed, Shameeka 12	
3) Powers, Lynsae 10	4) Payne, Ianne 12	
6 Pleasant Valley 'A'	4:15.25	1
1) DeNardo, Samantha 12	2) Fisher, Michelle 11	
3) Fretz, Rebecca 12	4) Getz, Tara 10	
7 Parkland 'A'	4:15.29	2
1) Gerrick, Jacque 09	2) Taylor, Morgan 10	
3) Kentner, Kim 11	4) Werkheiser, Emily 12	
8 Nazareth Area 'A'	4:15.81	2
1) Williams, Ashley 11	2) Betz, Jennifer 10	
3) Cancelliere, Lauren 10	4) Fuller, Hannah 09	
9 Pocono Mountain East 'A'	4:16.09	2
1) Billy, Asia 11	2) Elumogo, Blair 10	
3) Farmer, Katelyn 09	4) Patten, Kelsey 11	
10 Emmaus 'A'	4:18.36	2
1) Jennings, Tara 11	2) Yardley, Rosemary 10	
3) Fenstermacher, Chelsea 11	4) Giglio, Anne 12	
11 Louis E. Dieruff 'A'	4:22.82	1
1) Jones, Jaquasha 09	2) Ramos, Bianca 11	
3) Flammer, Kelsey 10	4) Santiago, Rolyn 11	
12 Pottsville Area 'A'	4:24.12	1
1) Wychunas, Lauryn 11	2) Muldowney, Megan 12	
3) Nicastro, Ashley 09	4) McCoy, Jazzmyn 11	
13 Bangor Area 'A'	4:26.25	1
1) Gornick, Danielle 10	2) Ziegenfuss, Sarah 12	
3) Francisco, Emily 12	4) Francisco, Abby 10	
14 East Stroudsburg Area South 'A'	4:27.93	1
1) Determan, Carly 12	2) Kohler, Alexandra 09	
3) Jones, Lauren 12	4) Homer, Valerie 11	
15 Freedom 'A'	4:30.71	1
1) Cardillo, Alyssa 09	2) Spengler, Cassy 12	
3) Devivo, Emily 11	4) Stoudt, Carli 09	
16 Whitehall 'A'	4:30.98	1
1) Davis, Alyssa 11	2) Trexler, Jonna 12	
3) Miller, Wendy 09	4) Dieter, Adrienne 11	

Girls 4x800 Meter Relay AAA

NFHS Record: ! 8:58.43 1982 , UpperDublinHS,PA  
 Gallagher, Baldwin, Pahutski, Crowell  
 9:35.48 63B

School	Finals	Points
1 Easton Area 'A'	9:24.85 63B	
1) Barlow, Allyse 12	2) Dubin-Rhodin, Abbie 12	
3) Liew, Jenna 11	4) Price, Chanelle 11	
2 Emmaus 'A'	9:32.19 63B	
1) Meade, Melissa 10	2) Faust, Brianna 09	
3) Desko, Alexa 12	4) Graybill, Lindsey 10	

3 Liberty 'A'	9:36.84
1) Litak, Morgan 10	2) Morgan, Lily 10
3) Smull, Erica 10	4) Sedlock, Carly 12
4 Nazareth Area 'A'	9:37.10
1) Cancelliere, Lauren 10	2) Diacont, Margaret 10
3) DeVito, Jessica 11	4) Fuller, Hannah 09
5 Allentown Central Catholic 'A'	10:12.68
1) Cocco, Gabby 09	2) Hachey, Elisa 09
3) Kelly, Megan 09	4) Kinsella, Megan 10
6 Parkland 'A'	10:20.67
7 Pocono Mountain West 'A'	10:22.52
1) McDaniel, Brooke 11	2) Merritt, Amber 10
3) Schickling, Jill 09	4) Cuff, Jacquet 11
8 Bangor Area 'A'	10:29.51
1) Ziegenfuss, Sarah 12	2) Francisco, Abby 10
3) Francisco, Emily 12	4) Glueck, Alyssa 12
9 Pocono Mountain East 'A'	10:33.23
1) Nichols, Danielle 11	2) Werbell, Brittany 09
3) Farmer, Katelyn 09	4) Patten, Kelsey 11
10 East Stroudsburg Area North 'A'	10:35.15
1) Decker, Brittney 12	2) Rodriquez, Erisa 09
3) Rodriquez, Kaylie 12	4) Kennedy, Alyssa 09
11 Northampton Area 'A'	10:39.01
1) Frey, Tiffany 11	2) Gumlock-Silfies, Leigh 10
3) McGeary, Mackey 09	4) DiMenichi, Brynne 09
12 Pleasant Valley 'A'	10:45.33
1) Erdesz, Karisa 12	2) Voight, Jackie 12
3) Bernard, Lauren 10	4) Makuvek, Lindsey 11
13 Freedom 'A'	10:49.95
1) Stoudt, Carli 09	2) Seitz, Erin 10
3) Devivo, Emily 11	4) Spengler, Cassy 12
14 Whitehall 'A'	10:52.74
1) Eichelberger, Kara 10	2) Davis, Alyssa 11
3) Antonchak, Hannah 11	4) Cimerol, Sabrina 11
-- East Stroudsburg Area South 'A'	DQ
1) Kern, Alison 10	2) Pose, Ashley 10
3) Brearman, Ashley 10	4) Eyer, Angela 11

#### Girls High Jump AAA

NFHS Record: ! 6-03 1992 Amy Acuff, C C CalallenH, TX  
5-04.00 63B

Name	Year	School	Finals	Points
1 McLaren, Natasha	09	Stroudsburg	5-03.00	
2 Noda, Mackenzie	11	William Allen	5-02.00	
3 Freed, Rebecca	11	William Allen	5-02.00	
4 Jones, Sierra	11	Easton Area	5-00.00	
5 Rupell, Breanne	09	Lehigh Area	4-10.00	
5 Fretz, Rebecca	12	Pleasant Valley	4-10.00	
7 Rimbey, Vanessa	09	Lehigh Area	4-10.00	
8 Brodt, Lauren	09	Nazareth Area	4-08.00	
9 Vannatten, Jessica	10	Whitehall	4-08.00	
10 Noack, Catherine	09	Liberty	4-08.00	
-- Meade, Lauren	11	Nazareth Area	NH	
-- Flammer, Kelsey	10	Louis E. Dieruff	NH	
-- Loj, Paulina	12	Pocono Mountain	NH	

-- Fuehrer, Rachel      10 Parkland                    NH  
 -- Giglio, Anne        12 Emmaus                        NH  
 -- Olphin, Kristy      11 Whitehall                    NH

Girls Pole Vault AAA

NFHS Record: ! 13-09 2005            Mary Saxer, LancasterHS,NY  
 11-00.00 63B

Name	Year	School	Finals	Points
1 Schaffer, Abby	11	Easton Area	12-06.00 63B	
2 Frey, Becky	12	Liberty	12-06.00 63B	
3 Finn, Beki	12	Liberty	12-00.00 63B	
4 Hamscher, Brooke	09	Whitehall	11-06.00 63B	
5 Green, Julia	11	Emmaus	11-00.00 63B	
6 Finn, Sarah	10	Liberty	9-06.00	
7 Dodson, Amy	12	Pleasant Valley	9-00.00	
8 Petrash, Noreen	10	Allentown Centra	9-00.00	
9 Bledsoe, Megan	10	East Stroudsburg	9-00.00	
10 Horn, Julie	11	Nazareth Area	8-06.00	
11 Glaser, Jacquie	10	Easton Area	8-06.00	
12 Burger, Laura	11	Northampton Area	8-06.00	
-- Carroll, Hannah	10	Whitehall	NH	
-- Poliskiewicz, Vict	10	Bangor Area	NH	
-- Scappetta, Luccia	11	Pocono Mountain	DQ	
-- Rogaliewicz, Kelse	10	Freedom	DQ	

Girls Long Jump AAA

NFHS Record: ! 22-01.75 1976            Kathy McMillan, RaefordHCHS,NC  
 17-03.00 63B

Name	Year	School	Finals	Points
1 James, Anita	12	Pocono Mountain	18-11.25 63B	
2 George, Aurial	09	Lehigh Area	17-04.50 63B	
3 Rimbey, Vanessa	09	Lehigh Area	17-01.75	
4 Angulo, Allison	11	Bangor Area	17-00.25	
5 Vannatten, Jessica	10	Whitehall	16-08.00	
6 Holley, Kashiya	11	Louis E. Dieruff	16-02.00	
7 Keeley, Allison	09	Pleasant Valley	16-01.25	
8 Hutzayluk, Stephan	12	Emmaus	16-01.00	
9 Weber, Kerry	12	Pleasant Valley	15-09.00	
10 Cardillo, Alyssa	09	Freedom	15-08.00	
11 Williams, Ashley	11	Nazareth Area	15-07.00	
12 Rumsey, Abigail	11	Nazareth Area	15-06.25	
13 Stewart, Anne	12	Northampton Area	15-03.25	
13 Hamsher, Victoria	09	Nazareth Area	15-03.25	
15 Lorimer, Courtney	11	Blue Mountain	15-00.50	
16 Eberts, Alyssa	10	Northampton Area	14-09.00	

Girls Triple Jump AAA

NFHS Record: ! 44-02.25 2001            Ychlindria Spears, LullingHS, TX  
 36-06.00 63B

Name	Year	School	Finals	Points
1 James, Anita	12	Pocono Mountain	38-07.00 63B	

2 McLaren, Natasha	09	Stroudsburg	37-06.00	63B
3 Iglesias, Nashanti	12	Pocono Mountain	36-01.00	
4 Holley, Kashiya	11	Louis E. Dieruff	36-00.00	
5 Johnson, Nadira	11	East Stroudsburg	34-08.00	
6 Weber, Kerry	12	Pleasant Valley	34-03.50	
7 Stewart, Anne	12	Northampton Area	33-11.00	
8 Keim, Emily	10	Liberty	33-07.00	
9 Hutzayluk, Stephan	12	Emmaus	33-04.00	
10 Jones, Sierra	11	Easton Area	33-02.00	
11 Eberts, Alyssa	10	Northampton Area	33-01.50	
12 Maloney, Jen	11	Blue Mountain	33-00.50	
13 Hamsher, Victoria	09	Nazareth Area	32-09.00	
14 Corey, Brittany	11	Nazareth Area	32-05.00	
15 Salvemini, Gabriel	11	Bangor Area	29-05.00	
-- Lorimer, Courtney	11	Blue Mountain		DQ

Girls Shot Put AAA

=====  
 NFHS Record: ! 54-10.75 2003 Michelle Carter, Red Oak HS, TX  
 38-06.00 63B

Name	Year	School	Finals	Points
1 Pinter, Ashley	12	Liberty	37-09.75	
2 Remaley, Catherine	10	Lehighton Area	36-06.75	
3 Workman, Alaura	11	William Allen	36-01.75	
4 White, Sheena	09	Lehighton Area	32-11.50	
5 Carstens, Krystle	12	Parkland	32-10.25	
6 Henry, Mary Beth	11	Pocono Mountain	32-00.50	
7 Englert, Carly	09	Blue Mountain	31-01.75	
8 Drozd, Danielle	12	Pleasant Valley	29-10.50	
9 Passaro, Jillian	12	Whitehall	29-10.00	
10 Vinansky, Leah	11	Parkland	29-08.75	
11 Re, Alitia	10	Stroudsburg	29-05.50	
11 Heimbach, Julie	11	Allentown Centra	29-05.50	
13 Seaman, Samantha	12	Freedom	28-06.00	
14 Cook, Ali	10	Emmaus	26-08.75	
15 Kaczka, Alexis	12	Pocono Mountain	25-10.75	
-- Smith, Dalanah	10	Nazareth Area		DQ

Girls Discus Throw AAA

=====  
 NFHS Record: ! 188-04 1994 Suzy Powell, M T DowneyHS, CA  
 118-00 63B

Name	Year	School	Finals	Points
1 Pinter, Ashley	12	Liberty	121-10.00	63B
2 Slater, Kelsey	12	Stroudsburg	117-07.00	63B
3 Decker, Meredith	12	Parkland	109-10.00	63B
4 Kline, Emily	12	Lehighton Area	103-08.00	63B
5 Drozd, Danielle	12	Pleasant Valley	98-00.00	63B
6 Hannis, Danica	11	Whitehall	95-02.00	63B
7 Schadler, Casey	11	Allentown Centra	94-07.00	63B
8 Koehler, Emily	12	Northampton Area	92-07.00	63B
9 White, Sheena	09	Lehighton Area	90-02.00	63B
10 Novak, Joclyn	11	Pleasant Valley	89-01.00	63B
11 Gosse, Lindsey	11	William Allen	88-05.00	63B
12 Remaley, Catherine	10	Lehighton Area	88-00.00	63B

13 Cook, Ali	10 Emmaus	87-08.00	63B
14 Englert, Carly	09 Blue Mountain	83-10.00	63B
-- Santiago, Aniah	11 Liberty		ND
-- Lesniak, Anne	12 Whitehall		DQ

Girls Javelin Throw AAA

NFHS Record: ! 164-04 2002 Rachel Walker, Benton HS, LA  
121-00 63B

Name	Year School	Finals	Points
1 Rycek, Laura	12 Northampton Area	146-03.00	63B
2 Matulewicz, Amy	12 Easton Area	133-01.00	63B
3 Troxell, Amber	10 William Allen	125-02.00	63B
4 Wert, Bethany	12 Stroudsburg	117-07.00	63B
5 Krasley, Jess	11 Parkland	105-02.00	63B
6 Schall, Anna	11 Emmaus	102-08.00	63B
7 Slater, Kelsey	12 Stroudsburg	104-04.00	63B
8 Smith, Emily	12 East Stroudsburg	104-04.00	63B
9 Gabryluk, Katie	10 Northampton Area	101-08.00	63B
10 Frey, Cady	10 Lehigh Area	101-01.00	63B
11 Price, Amanda	11 Blue Mountain	99-10.00	63B
12 Kalamar, Courtney	12 Liberty	97-07.00	63B
13 Reiss, Morgan	11 Bangor Area	91-08.00	63B
14 Perkins, Emily	12 Lehigh Area	90-01.00	63B
15 Hahn, Ashley	11 Bangor Area	88-02.00	63B
16 Hannis, Danica	11 Whitehall	83-10.00	63B

Boys 100 Meter Dash AAA

NFHS Record: ! 10.15 1990 Henry Neal, GreenvilleHS, TX  
11.10 63B

Name	Year School	Finals	Points
Finals			
1 Waterton, Dodson	11 East Stroudsburg	11.28	
2 Clouse, Jon	12 East Stroudsburg	11.31	
3 Carter, Anthony	12 East Stroudsburg	11.34	
4 Thomas, Chris	11 Stroudsburg	11.43	
5 Brandon, Tevrin	10 Northampton Area	11.48	
6 Gardner, William	12 William Allen	11.49	
7 Orlando, Joey	11 Liberty	11.63	
8 Pammer, Greg	12 Whitehall	11.69	

Boys 100 Meter Dash AAA

NFHS Record: ! 10.15 1990 Henry Neal, GreenvilleHS, TX  
11.10 63B

Name	Year School	Prelims	H#
Preliminaries			
1 Clouse, Jon	12 East Stroudsburg	11.35Q	3
2 Carter, Anthony	12 East Stroudsburg	11.45Q	1
3 Waterton, Dodson	11 East Stroudsburg	11.52Q	2
4 Brandon, Tevrin	10 Northampton Area	11.45Q	3
4 Thomas, Chris	11 Stroudsburg	11.45Q	3
6 Gardner, William	12 William Allen	11.58Q	1

7	Pammer, Greg	12	Whitehall	11.62Q	2
8	Orlando, Joey	11	Liberty	11.62q	3
9	Rodriquez, Josel	11	Liberty	11.63	2
10	Kalo, Mark	12	Emmaus	11.64	2
11	Burgess, Trevor	12	Pocono Mountain	11.67	1
12	Watford, Darius	12	Louis E. Dieruff	11.68	1
13	Silverio, Charlie	12	Nazareth Area	11.80	1
14	Cheeks, Kaseem	10	East Stroudsburg	11.81	1
15	Parker, John	10	East Stroudsburg	11.83	1
16	Ware, Denzel	11	Emmaus	11.87	2
17	Weisel, James	11	Nazareth Area	11.95	3
18	Tronchin, Nathan	12	Louis E. Dieruff	12.00	3
19	Devery, Drew	12	Nazareth Area	12.05	1
20	Krupka, Zach	12	Allentown Centra	12.10	2
21	Smith, Tajai	11	Parkland	12.13	2
22	Piperata, Nick	11	Freedom	12.20	3
23	Scharnitz, Tommy	11	Allentown Centra	12.25	3
--	Burke, Tristan	10	Freedom	DQ	2

Boys 200 Meter Dash AAA

=====  
 NFHS Record: ! 20.13 1985 Roy Martin, DaRooseveltHS,TX  
 22.50 63B

Name	Year	School	Finals	Points
=====				
Finals				
1		Rueda, Eric	12 Parkland	22.34 63B
2		Travis, Josh	12 Pocono Mountain	22.47 63B
3		Pammer, Greg	12 Whitehall	22.81
4		Carter, Anthony	12 East Stroudsburg	22.87
5		Frace, Brett	12 Nazareth Area	23.04
6		Burgess, Trevor	12 Pocono Mountain	23.29
7		Waterton, Dodson	11 East Stroudsburg	23.32
8		Orlando, Joey	11 Liberty	23.53

Boys 200 Meter Dash AAA

=====  
 NFHS Record: ! 20.13 1985 Roy Martin, DaRooseveltHS,TX  
 22.50 63B

Name	Year	School	Prelims	H#	
=====					
Preliminaries					
1		Rueda, Eric	12 Parkland	22.74Q	1
2		Travis, Josh	12 Pocono Mountain	22.92Q	2
3		Pammer, Greg	12 Whitehall	23.08Q	3
4		Carter, Anthony	12 East Stroudsburg	23.05Q	2
5		Burgess, Trevor	12 Pocono Mountain	23.27Q	1
6		Frace, Brett	12 Nazareth Area	23.28Q	3
7		Waterton, Dodson	11 East Stroudsburg	23.33q	3
8		Orlando, Joey	11 Liberty	23.36q	3
9		Wright, Isaiah	11 Freedom	23.62	1
10		Rodriquez, Josel	11 Liberty	23.65	1
11		Brandon, Tevrin	10 Northampton Area	23.70	3
12		Vatti, Mike	11 Easton Area	23.75	2
13		Watford, Darius	12 Louis E. Dieruff	23.82	2
14		Francis, Marcus	10 Pocono Mountain	23.87	1
15		Weiss, Peter	12 William Allen	23.99	1

16 Davis, Sean	12 Nazareth Area	24.11	3
16 Sokol, John	10 Emmaus	24.11	1
18 Kane, Adual	12 Stroudsburg	24.13	2
19 Sanders, Mike	11 Pleasant Valley	24.35	2
20 Scharnitz, Tommy	11 Allentown Centra	24.75	3
21 Kramer, Greg	12 Freedom	25.05	2
22 Wetzal, Tyler	12 Southern Lehigh	25.06	1
23 Hussett, Jermaine	11 Whitehall	33.84	2
-- Murphy, Chris	11 Pottsville Area	DQ	3

#### Boys 400 Meter Dash AAA

NFHS Record: ! 45.25 1993 Calvin Harrison, SalNSalinasHS,CA  
50.09 63B

Name	Year School	Finals	H# Points
1 Travis, Josh	12 Pocono Mountain	49.22 63B	2
2 Pammer, Greg	12 Whitehall	50.27	2
3 Dennis, John	10 East Stroudsburg	51.17	2
4 Gardner, William	12 William Allen	51.58	2
5 Vatti, Mike	11 Easton Area	51.62	2
6 Wright, Isaiah	11 Freedom	52.40	2
7 Kelly, Ryan	12 Allentown Centra	52.55	2
8 Piazza, Matt	11 Liberty	52.81	1
9 Goletz, Tim	11 Louis E. Dieruff	52.85	2
10 Wessner, Adam	12 Blue Mountain	53.31	1
11 Robinson, Sammy	11 East Stroudsburg	53.70	1
12 Sokol, John	10 Emmaus	53.86	1
13 Scott, Dejour	11 Liberty	55.40	1
14 Sergeant, Eric	11 Nazareth Area	56.18	1
15 Kane, Adual	12 Stroudsburg	57.31	1
-- Zalutsky, Anton	12 Freedom	DQ	1

#### Boys 800 Meter Run AAA

NFHS Record: ! 1:46.45 1996 Michael Granville, BellGardensHS,CA  
1:57.32 63B

Name	Year School	Finals	Points
1 Skutches, Connor	12 Liberty	1:58.09	
2 VanAckeren, Trevor	11 Liberty	1:58.19	
3 Torphy, Bob	12 Parkland	1:58.38	
4 Clauser, Brent	11 Pottsville Area	1:59.21	
5 Mills, Bryan	11 East Stroudsburg	2:00.09	
6 Beresk, Lucas	11 East Stroudsburg	2:00.09	
7 Macri, Alex	10 Parkland	2:00.11	
8 Kelchner, Zach	12 Nazareth Area	2:01.76	
9 King, Alex	12 Southern Lehigh	2:01.83	
10 Simkins, Matt	12 Emmaus	2:02.77	
11 King, Aaron	12 Southern Lehigh	2:02.85	
12 Nightingale, Myles	10 Easton Area	2:02.98	
13 Solda, Alex	11 Allentown Centra	2:03.25	
14 Munoz, Taylor	11 Pocono Mountain	2:03.32	
15 Reightler, Matt	12 Northampton Area	2:04.33	
16 Rivera, Ozzie	12 Louis E. Dieruff	2:04.83	
17 O'Brien, Ben	10 Emmaus	2:06.89	
18 Felker-Quinn, Ben	12 Liberty	2:07.35	

19 Ahn, Eric	11 Nazareth Area	2:07.89
20 Hahn, Stephen	11 Leighton Area	2:08.13
21 Henry, Andrew	11 Northampton Area	2:10.64
22 Leggett, Martin	12 Easton Area	2:32.87
-- Darwin, Ray	12 Easton Area	DQ
-- Chacon, Alex	12 Southern Lehigh	DQ

Boys 1600 Meter Run AAA

NFHS Record: ! 3:59.51 2001 Alan Webb, RestonSoLakesHS, VA  
 4:24.22 63B

Name	Year School	Finals	Points
1 VanAckeren, Trevor	11 Liberty	4:15.91 63B	
2 Stepp, Tim	12 Parkland	4:16.87 63B	
3 Simkins, Matt	12 Emmaus	4:23.51 63B	
4 Aldeen, Amr	10 East Stroudsburg	4:24.76	
5 Newhook, Tyler	12 Pocono Mountain	4:29.24	
6 Kelchner, Zach	12 Nazareth Area	4:33.16	
7 Leggett, Isaac	10 Easton Area	4:34.63	
8 Musum, Brian	12 Bangor Area	4:35.47	
9 Magliane, Darrick	12 William Allen	4:35.62	
10 Reilly, John	10 Blue Mountain	4:35.80	
11 Demmel, Cody	09 Southern Lehigh	4:36.82	
12 Bogert, Jon	10 Liberty	4:37.24	
13 Knecht, Andrew	11 Nazareth Area	4:38.85	
14 Weldner, Brian	11 Parkland	4:43.34	
15 Hoffman, Tommy	10 Liberty	4:46.56	
-- Riverbark, Zach	12 Southern Lehigh	DQ	

Boys 3200 Meter Run AAA

NFHS Record: ! 8:41.10 2000 Dathan Ritzenhein, RockfordHS, MI  
 9:35.36 63B

Name	Year School	Finals	Points
1 Chacon, Alex	12 Southern Lehigh	9:39.69	
2 Musum, Brian	12 Bangor Area	9:43.81	
3 Luff, Tom	10 Emmaus	9:51.91	
4 Kneebone, Jared	12 Pleasant Valley	9:56.77	
5 Gillette, Matt	Parkland	9:57.97	
6 Koren, Matt	11 Whitehall	9:58.97	
7 Magliane, Darrick	12 William Allen	9:59.89	
8 Veres, Brandon	12 Easton Area	10:02.77	
9 Reilly, John	10 Blue Mountain	10:04.53	
10 Riverbark, Zach	12 Southern Lehigh	10:05.38	
11 Smith, Shane	11 Liberty	10:09.32	
12 Hoffman, Tommy	10 Liberty	10:10.42	
13 Rauenzahn, Tyler	09 Blue Mountain	10:12.69	
14 Veres, Connor	10 Easton Area	10:13.59	
15 Haklar, David	12 Southern Lehigh	10:23.91	
16 Strauss, David	Parkland	10:35.81	

Boys 110 Meter Hurdles AAA

NFHS Record: ! 13.10 1980 Dennis Brantley, HtnWorthingHS, TX  
 15.10 63B

Name	Year	School	Finals	Points
<b>Finals</b>				
1	Wagner, Ryan	12	Northampton Area	14.80 63B
2	Troxell, Alvin	12	William Allen	15.20
3	Vines, Romond	12	Pocono Mountain	15.20
4	Jamison, Chris	10	Blue Mountain	15.20
5	Morris, Justin	12	Pocono Mountain	15.40
6	Fernandez, D	10	East Stroudsburg	15.50
7	Ricks, Andre	12	East Stroudsburg	15.70
8	Hightower, David	10	Easton Area	16.00

Boys 110 Meter Hurdles AAA

NFHS Record: ! 13.10 1980 Dennis Brantley, HtnWorthingHS, TX  
15.10 63B

Name	Year	School	Prelims	H#
<b>Preliminaries</b>				
1	Wagner, Ryan	12	Northampton Area	15.20Q 3
1	Morris, Justin	12	Pocono Mountain	15.20Q 2
3	Jamison, Chris	10	Blue Mountain	15.50Q 1
4	Troxell, Alvin	12	William Allen	15.40Q 3
5	Hightower, David	10	Easton Area	15.50Q 2
6	Fernandez, D	10	East Stroudsburg	15.60Q 1
7	Vines, Romond	12	Pocono Mountain	15.50q 3
8	Ricks, Andre	12	East Stroudsburg	15.60q 3
9	Frazier, Alex	12	William Allen	15.80 2
10	Alston, Quinten	12	Parkland	15.90 1
11	Pinkney, Mark	11	Pocono Mountain	16.00 1
12	Lawson, Shamar	10	Louis E. Dieruff	16.10 3
12	Baskerville, Jacob	11	Pottsville Area	16.10 2
14	Frace, Brett	12	Nazareth Area	16.30 2
15	Hughes, Matt	11	Emmaus	16.50 3
15	Terrell, Martrell	10	Stroudsburg	16.50 1
17	Page, Jason	11	Southern Lehigh	16.70 1
18	Wolfson, Matt	10	Parkland	16.80 1
19	Mako, Zack	12	Northampton Area	17.10 2
20	Perez, Vincent	11	Liberty	17.20 3
21	Cassese, Sam	11	Pleasant Valley	17.80 2
22	Rivera, Alex	09	Bangor Area	18.00 2
23	Schoffstall, Jordan	12	Blue Mountain	18.20 3
--	Lewis, Steven	09	Liberty	DQ 1

Boys 300 Meter Hurdles AAA

NFHS Record: ! 35.32 1985 George Porter, LomCabrilloHS, CA  
39.80 63B

Name	Year	School	Finals	H#	Points
1	Fernandez, D	10	East Stroudsburg	39.54 63B	2
2	Frazier, Alex	12	William Allen	39.65 63B	2
3	Wagner, Ryan	12	Northampton Area	39.75 63B	2
4	Hightower, David	10	Easton Area	40.39	2
5	Jamison, Chris	10	Blue Mountain	41.54	1
6	Mako, Zack	12	Northampton Area	41.89	1
7	Vines, Romond	12	Pocono Mountain	42.01	2

8	Page, Jason	11	Southern Lehigh	42.17	2
9	Troxell, Alvin	12	William Allen	42.24	2
10	Schoffstall, Jorda	12	Blue Mountain	42.31	1
11	Brown, Matt	11	Stroudsburg	42.44	1
12	Inman, Joshua	11	Parkland	42.66	1
13	Harwick, David	12	Northwestern Leh	42.82	2
14	Fritz, Tony	12	Allentown Centra	44.30	1
15	Alston, Quinnten	12	Parkland	44.33	1
16	Perez, Vincent	11	Liberty	44.86	1

Boys 4x100 Meter Relay AAA

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 NFHS Record: ! 39.76 1998 , FtWrthWyattHS,TX  
 Wesley, Franklin, Clopton, Wesley  
 43.53 63B

School	Finals	H#	Points
1 East Stroudsburg Area North 'A'	43.37 63B	2	
1) Clouse, Jon 12	2) Olayiwola, Oltunde 11		
3) Carter, Anthony 12	4) Waterton, Dodson 11		
2 Pocono Mountain West 'A'	43.59	2	
1) Rudolphe, Brandon 10	2) Arrick, Calvin 10		
3) Tucker, Darren 12	4) Burgess, Trevor 12		
3 Parkland 'A'	43.67	2	
1) DiMaio, Vincent 12	2) Wolfson, Zack 12		
3) Wetherhold, Ryan 09	4) Rueda, Eric 12		
4 Nazareth Area 'A'	43.82	2	
1) Devery, Drew 12	2) Davis, Sean 12		
3) Weisel, James 11	4) Silverio, Charlie 12		
5 Louis E. Dieruff 'A'	43.86	2	
1) Tronchin, Nathan 12	2) Irizarry, David 12		
3) Watford, Darius 12	4) Mackenzie, Anthony 12		
6 East Stroudsburg Area South 'A'	44.26	2	
1) Shively, Richard 12	2) Parker, John 10		
3) Cheeks, Kaseem 10	4) Ricks, Andre 12		
7 William Allen 'A'	44.27	2	
1) Troxell, Alvin 12	2) Frazier, Alex 12		
3) Weiss, Peter 12	4) Gardner, William 12		
8 Pocono Mountain East 'A'	45.22	1	
1) Reinhardt, Tucker 11	2) Nurse, Richardo 11		
3) Rabinowitz, Gabe 11	4) Francis, Marcus 10		
9 Emmaus 'A'	46.16	1	
1) Ware, Denzel 11	2) Doughty, Pat 11		
3) Sokol, John 10	4) Dimitiias, Alec 10		
10 Northwestern Lehigh 'A'	46.56	1	
1) Grube, Noah 11	2) Stelmack, Kyle 10		
3) Hoffman, James 11	4) Koenig, Mike 10		
11 Allentown Central Catholic 'A'	46.69	1	
1) Fritz, Tony 12	2) Tostevin, Andrew 12		
3) Scharnitz, Tommy 11	4) Ciccone, Mike 12		
12 Liberty 'A'	46.83	1	
1) Freeman, Brian 12	2) Orlando, Joey 11		
3) Rodriquez, Josel 11	4) Pacheco, Darrel 11		
13 Bangor Area 'A'	47.19	1	
1) Ward, Derek 10	2) Hill, Tyler 12		
3) Handelong, Guy 12	4) Cappella, Sam 11		
14 Southern Lehigh 'A'	51.96	1	

1) Bergan, Andy 12	2) Hantz, Dave 11	
3) Wetzell, Tyler 12	4) Arcario, Alex 09	
-- Whitehall 'A'	DNF	2
1) Pammer, Greg 12	2) Artim, Travis 12	
3) Hamscher, Matt 11	4) Hussett, Jermaine 11	
-- Freedom 'A'	DNF	1
1) Yurko, Justin 11	2) Pomprey, Tyree 10	
3) Piperata, Nick 11	4) Serrano, Deshaun 10	

Boys 4x400 Meter Relay AAA

NFHS Record: ! 3:07.40 1985 , HawthorneHS, CA  
 March, Graham, Kelly, Thomas  
 3:24.03 63B

School	Finals	H# Points
1 Pocono Mountain West 'A'	3:25.17	2
1) Burgess, Trevor 12	2) Premouth, Vinood 12	
3) Vines, Romond 12	4) Travis, Josh 12	
2 Parkland 'A'	3:26.67	2
1) Szewczak, Andrew 09	2) Torphy, Bob 12	
3) Mondschein, Matthew 12	4) Rueda, Eric 12	
3 Easton Area 'A'	3:29.18	2
1) Albohn, Eric 11	2) Hightower, David 10	
3) Simmons, Giovanni 11	4) Vatti, Mike 11	
4 Liberty 'A'	3:32.15	1
1) Skutches, Connor 12	2) Piazza, Matt 11	
3) Lewis, Steven 09	4) VanAckeren, Trevor 11	
5 Freedom 'A'	3:32.88	2
1) Wright, Isaiah 11	2) Buttillo, Andrew 12	
3) Zalutsky, Anton 12	4) Nelson, Aaron 12	
6 Blue Mountain 'A'	3:33.38	2
1) Greenawalt, Ryan 12	2) Schoffstall, Jordan 12	
3) Wessner, Adam 12	4) Jamison, Chris 10	
7 Allentown Central Catholic 'A'	3:34.58	1
1) Ciccone, Mike 12	2) Fritz, Tony 12	
3) Kelley, Mike 10	4) Kelly, Ryan 12	
8 East Stroudsburg Area North 'A'	3:35.06	1
1) Mills, Bryan 11	2) Rudolph, RJ 11	
3) Richardson, Tarrick 11	4) Baldwin, Chad 11	
9 Stroudsburg 'A'	3:36.35	1
1) Bragg, Lester 11	2) Sandy, Alex 12	
3) Davis, Jermaine 10	4) Kane, Adual 12	
10 East Stroudsburg Area South 'A'	3:37.27	2
1) Ricks, Andre 12	2) Beresk, Lucas 11	
3) Fernandez, D 10	4) Dennis, John 10	
11 Southern Lehigh 'A'	3:37.80	2
1) Dundin, Tim 12	2) Coulson, Zach 11	
3) Page, Jason 11	4) King, Alex 12	
12 Louis E. Dieruff 'A'	3:39.90	1
1) Goletz, Tim 11	2) Watford, Darius 12	
3) Tronchin, Nathan 12	4) Rivera, Ozzie 12	
13 Pottsville Area 'A'	3:41.01	1
1) Boyer, Steve 11	2) Humprey, Todd 10	
3) Payne, Josh 11	4) Clauser, Brent 11	
14 Pleasant Valley 'A'	3:41.59	1
1) Cassese, Sam 11	2) Marshall, Jeremy 10	

3) Patterson, Drew 11	4) Marshall, Arnold 11	
15 Nazareth Area 'A'	3:48.01	1
1) Kelchner, Zach 12	2) Ahn, Eric 11	
3) Sergeant, Eric 11	4) Knecht, Andrew 11	
-- William Allen 'A'	DQ	2
1) Gardner, William 12	2) Weiss, Peter 12	
3) Mack, Christopher 12	4) Frazier, Alex 12	

Boys 4x800 Meter Relay AAA

NFHS Record: ! 7:36.24 1982 , WissahickonHS,PA  
 Landis, Griffiths, Ryales, Lowry  
 8:02.04 63B

School	Finals	Points
1 Parkland 'A'	8:00.64 63B	
2 Southern Lehigh 'A'	8:00.89 63B	
1) Riverbark, Zach 12	2) Chacon, Alex 12	
3) King, Aaron 12	4) King, Alex 12	
3 Easton Area 'A'	8:16.05	
1) Darwin, Ray 12	2) Leggett, Isaac 10	
3) Leggett, Martin 12	4) Nightingale, Myles 10	
4 Nazareth Area 'A'	8:26.48	
1) Kelchner, Zach 12	2) Knecht, Andrew 11	
3) Ahn, Eric 11	4) Frezza, Tom 11	
5 Allentown Central Catholic 'A'	8:33.81	
1) Dooley, Brendan 09	2) Kelley, Mike 10	
3) Kelley, Pat 10	4) LaLuz, Carlos 10	
6 Stroudsburg 'A'	8:39.09	
1) Bragg, Lester 11	2) Foti, Eric 11	
3) Fleming, Greg 12	4) Sandy, Alex 12	
7 Pottsville Area 'A'	8:40.68	
1) Clauser, Brent 11	2) Lichvar, Cody 09	
3) Whalen, Josh 09	4) Plachko, Tyler 11	
8 Pocono Mountain East 'A'	8:41.40	
1) Munoz, Taylor 11	2) Marra, Dave 12	
3) Conklin, Dylon 10	4) Sweeney, Brandon 12	
9 Louis E. Dieruff 'A'	8:43.20	
1) Rivera, Ozzie 12	2) Figueroa, Jovan 12	
3) Goletz, Tim 11	4) Luong, Marc 12	
10 Emmaus 'A'	8:44.85	
1) O'Brien, Ben 10	2) Blyler, Logan 12	
3) Phillips, Christian 10	4) Macomb, Chris 10	
11 Blue Mountain 'A'	8:44.98	
1) Gallis, John 11	2) Novatnak, Alek 10	
3) Greenawalt, Ryan 12	4) Wessner, Adam 12	
12 Freedom 'A'	8:46.29	
1) Buttillo, Andrew 12	2) Zalutsky, Anton 12	
3) Laino, Scott 12	4) Connor, Blaine 10	
13 Pocono Mountain West 'A'	8:52.74	
1) Newhook, Tyler 12	2) Freach, Jordan 11	
3) Faunce, Juan 10	4) Meeks, Chandler 11	
14 East Stroudsburg Area South 'A'	8:55.08	
1) Aldeen, Amr 10	2) Iovachinni, Mike 12	
3) Keefer, Craig 11	4) Beresk, Lucas 11	
15 Northwestern Lehigh 'A'	9:03.52	
1) East, Timothy 09	2) Schoffstall, Nathan 10	

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|------------------------|--------------------------|
| 3) Lyter, Paul 12      | 4) Shiffer, Jordan 11    |
| -- Liberty 'A'         | DQ                       |
| 1) Skutches, Connor 12 | 2) Bogert, Jon 10        |
| 3) Piazza, Matt 11     | 4) VanAckeren, Trevor 11 |

Boys High Jump AAA

NFHS Record: ! 7-05.25 1984 Dothel Edwards, CedarShoalsHS,GA  
6-05.00 63B

Name	Year	School	Finals	Points
1 Morales, Roger	12	Freedom	6-04.00	
2 Marrow, Saleem	12	Freedom	6-02.00	
2 Schwab, Brian	10	Nazareth Area	6-02.00	
4 Faverey, Kevyn	10	Parkland	6-02.00	
5 Rose, Mikel		Louis E. Dieruff	6-00.00	
6 Coleman, Stephan	10	East Stroudsburg	6-00.00	
7 Mills, Bryan	11	East Stroudsburg	6-00.00	
8 Coyne, Rich	12	East Stroudsburg	5-10.00	
8 Holmes, Andrew	12	Pocono Mountain	5-10.00	
10 Hazlett, James	12	Stroudsburg	5-10.00	
11 Schmidt, Jeff	11	Parkland	5-10.00	
12 Haney, Luke	10	Nazareth Area	5-08.00	
12 Pajak, Tyler	12	Emmaus	5-08.00	
12 Owens, Eric	12	Southern Lehigh	5-08.00	
12 Terrell, Martrell	10	Stroudsburg	5-08.00	
-- Campbell, Stanton	12	Stroudsburg	DQ	

Boys Pole Vault AAA

NFHS Record: ! 18-02.25 1999 Eric Eshbach, OrangefieldHS,TX  
14-03.00 63B

Name	Year	School	Finals	Points
1 Nelson, Evan	12	East Stroudsburg	15-00.00	63B
2 Berger, Ryan	12	Whitehall	13-06.00	
3 Bowyer, Michael	12	Freedom	13-00.00	
4 Fronheiser, Matt	10	Nazareth Area	13-00.00	
5 Azar, Kevin	11	Louis E. Dieruff	13-00.00	
6 Kaucher, Evan	12	Northwestern Leh	12-06.00	
7 Ott, Shawn	12	Northampton Area	12-00.00	
8 Jones, Kieran	09	Easton Area	12-00.00	
8 Balch, Michael	11	Lehigh Area	12-00.00	
9 Derek, Behler	12	Blue Mountain	12-00.00	
10 Thomas, Morgan	10	Emmaus	12-00.00	
11 Smith, Scott	12	Lehigh Area	12-00.00	
12 Laudenslager, Greg	11	Liberty	11-06.00	
13 Davis, A	11	East Stroudsburg	11-06.00	
14 Hagedorn, Jesse	10	Stroudsburg	11-06.00	
-- Boardman, Ryan	12	Parkland	DQ	

Boys Long Jump AAA

NFHS Record: ! 26-04.75 1989 James Stallworth, TulareHS, CA  
21-10.00 63B

Name	Year	School	Finals	Points
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1	Clouse, Jon	12	East Stroudsburg	22-09.00	63B
2	Hamscher, Matt	11	Whitehall	22-04.00	63B
3	Waterton, Dodson	11	East Stroudsburg	22-01.00	63B
4	Garcia, Steve	11	Stroudsburg	22-00.50	63B
5	Morales, Roger	12	Freedom	21-09.50	
6	Llado, George	12	Parkland	20-08.50	
7	Turner, AJ	12	Lehigh Area	20-05.00	
8	Broomfield, Darnel	12	Pocono Mountain	20-05.00	
9	Andrews, Nicholas	12	Whitehall	20-03.00	
10	Faverey, Kevyn	10	Parkland	19-09.25	
11	Gunderman, Kevin	10	Nazareth Area	19-05.00	
11	Torok, Joe	12	Liberty	19-05.00	
13	Grube, Noah	11	Northwestern Lehigh	19-02.50	
14	Nobles, Tim	12	Nazareth Area	19-01.50	
15	Nguyen, Dom	12	Allentown Central	18-06.00	
16	Rose, Mikel		Louis E. Dieruff	17-05.50	

Boys Triple Jump AAA

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 NFHS Record: ! 52-10.50 1980 Charles Mayfield, PasadenMuirHS,CA  
 44-06.00 63B

Name	Year	School	Finals	Points
1	Spence, Steven	12	East Stroudsburg	44-06.00 63B
2	Carter, Anthony	12	East Stroudsburg	44-05.00
3	Johnson, Justen	11	Pocono Mountain	44-01.25
4	Hamscher, Matt	11	Whitehall	43-10.00
5	Hazlett, James	12	Stroudsburg	43-07.50
6	Llado, George	12	Parkland	43-04.00
7	Morales, Roger	12	Freedom	42-09.00
8	Broomfield, Darnel	12	Pocono Mountain	41-07.25
9	Gunderman, Kevin	10	Nazareth Area	41-04.00
10	Williams, pedro	11	William Allen	41-03.25
11	Turner, AJ	12	Lehigh Area	41-00.00
12	Terrell, Martrell	10	Stroudsburg	40-11.50
13	Jones, Ivan	11	Louis E. Dieruff	40-07.50
14	Marshall, Arnold	11	Pleasant Valley	40-00.00
15	Laudenslager, Greg	11	Liberty	38-06.00
16	Rose, Mikel		Louis E. Dieruff	38-00.00

Boys Shot Put AAA

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 NFHS Record: ! 77-00 1979 Michael Carter, D JeffersonHS, TX  
 53-00.00 63B

Name	Year	School	Finals	Points
1	Passmore, Jeff	12	Stroudsburg	51-04.75
2	Kreisher, Peter	12	Emmaus	49-10.00
3	Fahringer, Andrew	12	Whitehall	48-09.00
4	Noble, Jon	10	East Stroudsburg	46-10.00
5	Nurse, Dan	12	Stroudsburg	46-10.00
6	Grant, James	12	Southern Lehigh	46-06.00
7	Stramarra, Nick	12	Blue Mountain	45-10.25
8	Fredrick, Russ	11	East Stroudsburg	43-09.00
9	Seltzer, Robert	12	Parkland	43-10.25
10	Stencovage, Eric	12	Blue Mountain	43-08.50
11	Buis, Bill	12	Northampton Area	43-06.50

12 Isamoyer, Charles	11	Northwestern Leh	42-04.25
13 Nelson, Aaron	12	Freedom	42-00.50
14 Zedonek, Jordan	11	Pottsville Area	41-10.25
15 Trito, Joe	11	East Stroudsburg	40-05.75
16 Lovell, Justin	11	Pocono Mountain	40-05.00

Boys Discus Throw AAA

NFHS Record: ! 234-03 2001 Niklas Arrhenius, OremMtnVwHS, UT  
153-00 63B

Name	Year	School	Finals	Points
1 Fahringer, Andrew	12	Whitehall	161-10.00 63B	
2 Grant, James	12	Southern Lehigh	148-00.00 63B	
3 Horn, Brian	10	Lehigh Area	140-11.00 63B	
4 Rolshausen, Tyler	09	Blue Mountain	139-01.00 63B	
5 Seltzer, Robert	12	Parkland	137-07.00 63B	
6 Nurse, Dan	12	Stroudsburg	133-11.00 63B	
7 Nelson, Aaron	12	Freedom	130-10.00 63B	
8 Fredrick, Russ	11	East Stroudsburg	128-03.00 63B	
9 Stramarra, Nick	12	Blue Mountain	126-01.00 63B	
10 Lundberg, Daniel	11	Northwestern Leh	121-07.00 63B	
11 Grim, Robbie	11	Northwestern Leh	118-07.00 63B	
12 Kelleman, Ken	12	East Stroudsburg	114-08.00 63B	
13 Howell, Jonathan	12	Northampton Area	113-02.00 63B	
14 Reitz, Nate	12	Whitehall	109-11.00 63B	
-- Passmore, Jeff	12	Stroudsburg	DQ	
-- Umstead, Zack	12	Northampton Area	DQ	

Boys Javelin Throw AAA

NFHS Record: ! 224-02 2003 Thomas Jordan, Cedar Crest HS, PA  
178-00 63B

Name	Year	School	Finals	Points
1 Fahringer, Andrew	12	Whitehall	200-03.00 63B	
2 Buis, Bill	12	Northampton Area	194-02.00 63B	
3 Clouse, Jon	12	East Stroudsburg	172-02.00 63B	
4 McDondald, Wes	12	Blue Mountain	164-03.00 63B	
5 Azar, Kevin	11	Louis E. Dieruff	160-07.00 63B	
6 Wessner, Adam	12	Blue Mountain	160-00.00 63B	
7 Marshall, James	12	Northwestern Leh	159-07.00 63B	
8 Durante, Chris	12	Easton Area	158-11.00 63B	
9 Rolshausen, Tyler	09	Blue Mountain	156-09.00 63B	
10 Umstead, Zack	12	Northampton Area	150-02.00 63B	
11 Stocker, Craig	12	Bangor Area	148-02.00 63B	
12 Connell, Dan	12	Pocono Mountain	146-11.00 63B	
13 Stanukenas, Chris	12	Stroudsburg	145-09.00 63B	
14 McMillen, Colin	12	Northwestern Leh	137-01.00 63B	
15 Schantz, Andy	12	Southern Lehigh	136-01.00 63B	
16 Bendetti, Doug	11	Pottsville Area	131-08.00 63B	